

ywca lake county Annual Report to the Community 2009



eliminating racism
empowering women

ywca

lake county



dear friends,

The YWCA Lake County believes the health of a family and community depends on the health and strength of its women. YWCA programs connect women to affordable child care, health care and job training. By providing both inspiration and practical skills, the YWCA helps women and girls in Lake County overcome poverty, racism, violence and economic dependence.

In spite of economic downturns and state budget crises, the YWCA met its budget projections at 94% with an increase of 31% in foundation and corporate giving this past fiscal year. Importantly, support for YWCA programs came in at \$2,885,136 or 95% of budget, allowing us to continue essential, high quality services to improve the lives of vulnerable women, girls and families during this critical time. In addition to sustaining YWCA core program services of Women's Economic Advancement, Parent Services/Family Management, Women's Health and Youth Leadership Development, we were able to expand these services to meet increased needs. Some highlights this past year include:



*Christine B. Cantarino
President, YWCA
Board of Directors*

- Women's Health Department expanded its breast cancer, cardiovascular education and access to free or low cost screening to include HIV Aids and implemented SISTA's, a CDC behavioral intervention program designed to reduce the spread of HIV.
- Parent Services expanded its programming to include parents of children aged 3-5, in addition to 0-3. Focusing on parents whose profiles indicate their children are at risk of school failure and/or early introduction to the juvenile justice system, the program provides child development assessments and works with the parents to increase their economic stability and family management skills.
- YWCA TechGYRLS expanded to three additional sites in Zion, Waukegan and Lake Zurich, introducing more than 300 middle-school girls to science, technology, engineering and math.
- As a follow up to this year's Day to Eliminate Racism Awareness Campaign, the YWCA presented *Skyn Deep*, a YWCA-USA trademark program to facilitate conversation around sensitive issues of racism.
- Nontombi Naomi Tutu, daughter of Archbishop Desmond Tutu, and racial justice activist in her own right, received the YWCA Lake County Dr. Dorothy I. Height 2009 Racial Justice Award.
- The YWCA-USA at its Annual Meeting, May 2009, adopted a new organization mission statement: "The YWCA is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all people."



*Elizabeth Forbrich,
Executive Director,
YWCA Lake County*

It is the commitment of our board of directors and volunteers, the dedication of YWCA staff and the continued financial support of individual donors, members, corporations and foundations that brings this mission to life in Lake County.

statement of financial position june 30, 2009

CURRENT ASSETS

Cash & Investments	\$ 1,450,160
Accounts Receivable	268,568
Other	211,061
Total Assets	1,929,789

LIABILITIES AND NET ASSETS

Accounts Payable & Other	
Liabilities	204,032
Net Assets	1,725,757
Total Liabilities & Net Assets	1,929,789

statement of activities year end june 30, 2009

Revenue and Support	
Government Grants/Contracts	1,781,544
Program Fees	566,709
Contributions and Dues	179,094
Foundations/Corporations	311,174
United Way	244,859
Special Events	52,855
Donated Materials	39,794
Other	51,917
Total Revenue and Support	3,227,946

Expenses	
Program	2,380,106
Management & General	397,533
Fundraising	278,736
Total Expenses	3,056,375
Increase in Net Assets	171,571

Net Assets Beginning of Year	1,554,186
Net Asset Adjustment	0
Net Assets End of Year	1,725,757

To obtain a copy of the audited financial statements, contact the YWCA Lake County.

program highlights

Women's Economic Advancement

- **2,633** potential and current child care providers attended YWCA trainings and workshops to attain higher levels of childcare credentialing and to successfully manage their small businesses.
- **306** Child Care providers attended the 2009 Annual YWCA Child Care Conference and Small Business Expo that offered English and Spanish tracks.
- **150** low-income women graduated from YWCA Financial Literacy programs, encompassing credit repair, budgeting, asset management and introductions to reputable financial institutions.
- **68** women and girls were trained in the YWCA Computer Technology Center on workforce development, computer skills, and career advancement.
- **45** new child care providers graduated from the Protégé Program, which assists graduates in starting a quality child care business. After graduation, women are half-way through earning nationally recognized Child Development Associate Credentials.
- **45** parents graduated from YWCA English with a Purpose (ESL) classes designed to help a parent communicate on the job, at their child's school and within the community.

Parent Services/Family Management

- **3,179** income-eligible parents received affordable, quality child care assistance in Lake County through the Illinois Department of Human Services Child Care Assistance Program administered by the YWCA.
- **1,965** low income working parents attended YWCA parenting/family management classes to better balance the stresses of work and home while advancing in careers.
- **1,679** Lake County parents were given referrals to quality, affordable child care.

Women and Adolescent Girls' Health

- **2,501** women were educated on the need for early detection for breast cancer, cardiovascular disease, the risks of obesity and diabetes and HIV/STDs.
- **355** low-income, under-insured women were able to access free or low-cost mammograms and follow up services through our ENCOREplus Program.
- **333** adolescent girls were educated on the risks of STDs, HIV/AIDS and early pregnancy as well as healthy relationships, violence prevention, good nutrition and goal setting.
- **35** women belong to Viva Mujer Latina, the only Spanish speaking breast cancer support group in Lake County.

Youth Leadership Development (Before & After School Programs, TechGYRLS[®] and Girls on the Move)

- **353** school age children (5-12) attended YWCA quality, affordable Breakfast Clubs, After School Programs, and full day summer camps. 63% of the children come from single-mother, head of household families.
- **309** middle school girls participated in YWCA TechGYRLS after school, IT Empowerment Day and summer camp programs.
- **110** Teen parents received parenting program services.
- **58** girls participated in the year-long Girls on the Move Youth Leadership program designed to introduce high school girls to the legislative system and effective advocacy.

Bringing our mission to life in Lake County, most YWCA programs are offered in Spanish as well as in English and reach over 18,000 Lake County residents a year.

Forty-five percent of YWCA Lake County staff are bilingual.

YWCA Lake County has hosted a website in English and a website in Spanish since 2005. Visit us at www.ywcalakecounty.org or www.ywcalakecounty.org/español.



a community of supporters

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giving

is an expression of faith, trust and concern. With your help, we make the world better, one person at a time.

NOTE: Every effort was made to ensure accuracy of these lists. If an error or omission has occurred, please call our development department at 847-662-4247. This list represents donations received between July 1, 2008 and June 30, 2009.

YWCA Lake County...

... educates, advocates and inspires women and girls to achieve their full potential, empowering them to develop self-sufficiency and to assume leadership.

YWCA core program services offer women, girls and their families access to affordable, quality education, training, child care, healthcare and leadership development, supporting economic advancement and civic engagement.

Every woman deserves access to health services

After years of referring clients to the YWCA ENCOREPlus Program, Donna* found herself on the receiving end. The program assisted Donna in obtaining a free mammogram and provided transportation to and from her appointment. "The staff showed me so much compassion and caring," Donna said. "I had recently lost my job in the community. It was very difficult to ask for access to the very services where I once referred my clients. The YWCA ENCOREPlus program was a blessing for me."

YWCA ENCOREPlus makes preventive health care available to all women, regardless of their economic circumstances.



*(Not her real name)



Making a difference - TechGYRLS

Tanika noticed a difference in her daughter, Alexis 12, who has participated in the TechGYRLS program for two years. "She was quiet and shy," Tanika said. "This raised her self-esteem. Alexis was a 'D' to 'C-' student in science, and this year has been a consistent 'A' student."

TechGYRLS opens windows of imagination and doors of opportunity by nurturing a girl's entrance into the world of science and math.

Breaking through barriers - Teen Moms

"Child care was my biggest barrier in pursuing higher education and securing a good job," said Angenetta. "I lived in low-income housing, received public aid, and even received an eviction notice at the time I was introduced to the YWCA. The YWCA gave me the stability I needed. My proudest accomplishments include purchasing my own home and getting my MBA."

Teen moms are not a drain on society, but a working asset!



No one is born a parent.

YWCA Parent Services targets parents whose profiles indicate a high risk for a child's school failure and entry into the criminal justice system. These parents may be poor, incarcerated, non English-speaking, substance abusers, single working mothers and/or teen mothers, lacking a high school diploma, and with no access to healthcare. "Mothers need to know themselves, and see their own self worth so they do not stray," said Cheryl Hudson-Jackson, YWCA instructor.

YWCA Parent Services increase family stability and ensure school readiness, breaking the "Cradle to Prison Pipeline."

Building a bridge to the future

Maria has six beautiful children in her new child care business. "I'm proud to say that it was developed with knowledge I received from the YWCA. Now I make 50 percent more than at my former employment. I enjoy my work so much. It feels great to know that I am making a difference in these little ones' lives."

YWCA empowers women to successfully manage their own businesses.



ywca board of directors

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31st annual women of achievement awards benefit

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Nontombi Naomi Tutu
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Karolina Kucybala
Mundelein High School

mission

The YWCA is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all.

vision

The YWCA Lake County is a driving force for change resulting in generations of self-sufficient women and a world free of racism.



YWCA Board of Directors with Nontombi Naomi Tutu at 31st Annual YWCA Women of Achievement Awards on May 8, 2009.

eliminating racism
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