

How to Prevent Obesity in Children Forum



speakers

nutritionists

health specialists

nurse consultant

fitness instructors

register now!

call felicia or deb

847-662-4247

when:

monday, july 26

time:

6:30pm — 8:30pm

where:

ywca lake county

fee:

free

topics

causes

consequences

prevention

lifestyle changes

**bring any
questions**

eliminating racism
empowering women
ywca