would you recognize a victim of domestic violence?

Week without Violence

eliminating racism empowering women ywca

Common signs:

- Heavy makeup
- New bald spots
- Scrapes, bruises, cuts or fractures
- Frequent injuries
- Loose or broken teeth
- Cigarette burns
- Bite marks
- Rope burns
- Welts with the outline of a belt buckle or other weapon

Could you be a victim?

- Are you often afraid of your partner?
- Is your partner overly jealous?
- Do you avoid certain topics or spend a lot of time figuring out how to talk about certain topics so that you do not arouse your partner's anger?
- Do you ever feel that you can't do anything right for your partner?
- Is your partner controlling and won't let you see your family and friends?
- Does your partner insult you?
- Do you sometimes wonder if you are the one who is crazy, that maybe you are overreacting to your partner's behaviors?
- Are you afraid that your partner may try to kill you?
- Do you feel that there is nowhere to turn for help?
- Are you feeling emotionally numb?
- Do you sometimes feel like you deserve to be physically hurt?

Contact your local YWCA or visit ywca.org for more information. In an emergency, call 911 and the National Domestic Violence Hotline 1-800-799-SAFE (7233) is available 24 hours a day/seven days a week.

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