

eliminating racism  
empowering women  
**ywca**

YWCA Greater Lafayette  
605 N. 6th Street  
Lafayette, IN 47901  
[www.ywca.org/lafayette](http://www.ywca.org/lafayette)

Non-Profit Organization  
U.S. Postage  
**PAID**  
Lafayette, IN  
Permit No. 195

# YWCA Program Guide

## January-April 2012



**BECOME A MEMBER TODAY!**



The YWCA is a United Way partner agency.

YWCA Greater Lafayette  
605 N. 6th Street  
Lafayette, IN 47901  
765-742-0075  
[ywca.org/lafayette](http://ywca.org/lafayette)



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**HOURS OF OPERATION**Business Office Hours

Mon-Thurs 8:30am - 9:00pm

Friday 8:30am - 5pm

Saturday Closed

Sunday Closed

The YWCA adjusts hours for special programming, events and rentals. We reserve the right to change the schedule as needed.

**Holidays:** The YWCA will be closed January 2.

**CONTACT US****YWCA Greater Lafayette**

605 N. 6th Street, Lafayette IN 47901

[ywca.org/lafayette](http://ywca.org/lafayette)

765-742-0075

**Domestic Violence Hotline:**

765-423-1118 or 1-888-345-1118

**Domestic Violence Office:**

765-423-4486

**Women's Cancer Program:**

765-742-4375 or 1-800-770-9004

**STAFF DIRECTORS****Barb Reif**

Interim Executive Director

**Jasmine Dowd**, Domestic ViolenceIntervention & Prevention Program  
Coordinator**Heidi Kauffman**

Women's Cancer Program Coordinator

**Lisa Green**

Director of Marketing/Communications

**Janae Kraud**

Youth/Adult Program Coordinator

**Mark Nesbitt**

Finance Director

**MISSION**

The YWCA Greater Lafayette is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

**VISION**

The YWCA Greater Lafayette will be the leading organization for women and their families, empowering them to meet their vital needs and succeed in life.

**BOARD OF DIRECTORS**

Beth Bangs

Stephanie Bloyd

Larry Davies

Teena Flook

Carol Galbraith

Jody Hamilton

David Huhnke– *President*Michelle Kreinbrook– *Vice President*

Tetia Lee

Stephanie Meadors

Tina Parker

Meri Preuss– *Secretary*

Mary Reece

Kathy Trout

Tim Vander Plaats– *Treasurer***FOUNDATION BOARD**

Cheryl Butcher

Tracey Coakes

John Corey– *Treasurer*

Lisa Decker

Teena Flook

Nola Gentry

Bill Gettings

Judith A. Hall– *President*Laura Olson– *Vice President*

Bob Reiling

Linda Sorensen

Beth Stull

Elaine Todd

Barbara Tyner

Sally Watlington– *Secretary*

Name of Member

E-mail Address

Home Address

City/State/ZIP

Phone Numbers Where We Can Reach You

**Types of Annual Membership:**

- Participating Membership - \$50/year
- Receive e-mails and e-newsletters
  - Support the YWCA and our programs
- Sustaining Membership - \$100+/year
- Receive e-mails and e-newsletters
  - Support the YWCA and our programs
  - Receive recognition in Annual Report

**Type of Payment (select one):**

- Check payable to the YWCA
- Visa     MasterCard     American Express     Discover

Credit Card Number

Expiration Date

Name on Credit Card

Signature

- I am interested in volunteering for the YWCA.

Your membership is good for one year. Please fill out form and return with payment to: YWCA Greater Lafayette, 605 N. 6th Street, Lafayette IN 47901, or join online at [www.ywca.org/lafayette/membership](http://www.ywca.org/lafayette/membership). THANK YOU!

**network**  
luncheon series

**March 21**  
**A Not-So-New But Often Overlooked Strategy for Enabling Young People to Become Healthy Adults**

**Betty Memmer**

This program will focus on why sexuality education for young people is essential and will describe the key role that parents, schools, faith-based organizations and other trusted adults play in providing on-going communication with youth about sexuality topics.

**Luncheon sponsors:**

**Cheryl Butcher, Coldwell Banker-Shook Agency**  
**Grayce Lechtenberg**

**April 18**  
**A Woman Who Served...Dorothy C. Stratton**

**Sally Watlington**

The career and times of Purdue University's first full-time Dean of Women in 1933 until present day. Our U.S. Coast Guard will commission a ship named in her honor on March 24, 2012 as the first woman commissioned and named Director of Women in the Coast Guard (SPARS) during WWII.

**Luncheon sponsors:**

**Deb Trice, Stuart & Branigan**  
**David Huhnke, Lafayette Savings Bank**  
**Nola Gentry, Gentry Farms**

**May 16**  
**An Insider's View of Tourism in Lafayette-West Lafayette**

**Jo Wade**

Learn about the number of travelers to the Greater Lafayette community, the visitor demographics and how we market our community. Jo will share information about the Super Bowl 2012 wrap up and tourism activities this summer and fall.

**Luncheon sponsors:**

**Purdue Extended Campus, Mary Sadowski-Interim Dean**  
**Mindy Deno, State Farm Agency**  
**Teena Flook**

**The series is sponsored by:**



**CALENDAR OF EVENTS**

DATE	EVENT	PAGE
Jan. 18	Volunteer Callout.....	4
Jan. 25	Network Luncheon.....	17
Feb. 15	Network Luncheon.....	17
Feb. 23	In-Service Training.....	16
Mar. 6	Salute to Women.....	5
Mar. 21	Network Luncheon.....	18
Apr. 18	Network Luncheon.....	18
Apr. 19	Clay Bowl.....	5
May 5	Y-Dance Recital.....	6
May 16	Network Luncheon.....	18
	All Winter Y-Dance/Youth Programs and Events.....	6-9
	All Winter Teen/Adult Programs.....	10-12
	Membership.....	19
	Volunteer Opportunities.....	4

**RENTALS**

We encourage the use of our facilities! Space at the YWCA can be ideal for family get-togethers, quinceañeras, church and religious functions, baby showers, graduation parties, class reunions, dinners and luncheons, business meetings, wedding receptions, birthday parties, award ceremonies and more. Groups or individuals may rent the YWCA gym, kitchen, and meeting rooms. Business and non-profit rates are available. Rates and other details are listed at [ywca.org/lafayette/rentals](http://ywca.org/lafayette/rentals). Call Kim Sumner at 765-742-0075.

**Want to do more?**

**Volunteer** - Visit [ywca.org/lafayette/volunteer](http://ywca.org/lafayette/volunteer), or call Amy Montgomery at 765-423-4486.

**Donate** - Tax-deductible contributions are always welcome! Visit the YWCA, send a check or contribute online at [ywca.org/lafayette/donate](http://ywca.org/lafayette/donate).

**Learn & Share** - Join us on Facebook (YWCA Greater Lafayette) and Twitter (YWCA\_Lafayette). Become part of the community!



**WHAT WE DO**

The YWCA Greater Lafayette is a 501(c)3 nonprofit organization. The YWCA Greater Lafayette:

- Operates the only domestic violence shelter program in a six-county area.
- Provides free breast and cervical cancer screenings and treatment for uninsured and under-insured women.
- Offers youth enrichment, including Stay & Play, seasonal camp, basketball, karate, dance classes and special events.
- Holds special events for women's networking and to raise awareness of sexism/racism issues, encourage dialogue and advocate for change.

**VOLUNTEERING IS ONE WAY TO HELP!**

The YWCA Greater Lafayette relies heavily on volunteers! We offer many volunteer opportunities, ranging from physical work to office tasks. Read more examples and print a volunteer application form from [ywca.org/lafayette/volunteer](http://ywca.org/lafayette/volunteer).

Thank you for helping to sustain the work of the YWCA!

**VOLUNTEER CALLOUT**

This callout is for ages 18 and up and will highlight volunteer needs for each YWCA department and special events. If you cannot attend but would like to volunteer, please contact Amy Montgomery at [amontgomery@ywcalafayette.org](mailto:amontgomery@ywcalafayette.org) or 765-423-4486. You also can find the volunteer application form and examples of volunteer opportunities posted at [ywca.org/lafayette/volunteer](http://ywca.org/lafayette/volunteer).

**Wednesday, January 18, 2012**

6:00pm-7:00pm

YWCA, 605 N. 6th Street, Lafayette

**SOME EXAMPLES**

- Assisting with children's programming in the evening, related to the domestic violence program or youth activities.
- Answering the domestic violence crisis hotline (operates 24 hours a day, 7 days a week).
- Assisting with special events like Clay Bowl and Holiday Bingo.
- Cleaning or doing yard work .
- Processing mail (may include folding, stapling, stuffing, labeling and sealing). Help often is needed on short notice.

**network luncheon series****WEDNESDAYS**

Enjoy lunch and networking 11:30am to 1:00pm. Lunch at 11:30am and guest speaker presentations will be 12:00-12:50pm. Q&A time will be 12:50-1:00pm.

All luncheons are **catered by Arni's** and are held at the YWCA, 605 N. 6th Street, Lafayette.

\$12 per luncheon, \$60 for the series

Make reservations by 5:00pm on the prior Monday. Call 765-742-0075 to pay with credit card or visit the YWCA to pay with cash, check or credit card.

**January 25  
Doing Something for Yourself**

**Terry Robertson Smith**

**Owner of Rubia Flower Market**

Doing something for yourself for women is easier said than done. Who would not enjoy a sleep in day, puttering around the house, turning off the cell phone and having a blissful day to yourself? Terry will share her insights into relaxing with flowers and beauty and do a demonstration on how to make your house more beautiful with flowers, simply and stress free!

**Luncheon sponsors:**

**Connie Small Davis, Connie Small Davis CPA**

**Paulette and Dr. Joe Moody**

**Beth and Dr. Roger Bangs**

**February 15****To Lend or Not to Lend: Finding a Way to Perpetuate Public Libraries**

**Jos Holman**

What does the library mean to you? What does it mean to the community it serves? In 10-15 years, will you or the community need the public library? As digital formats and customer convenience factor into library services, public libraries of the future will need to "change and roll with the times." Before the prophesied and anticipated demise of the public library, learn more about the role of public libraries in our community.

**Luncheon sponsors:**

**Sally Watlington**

**Mary Reece**

**Jan Nielsen, Allstate Insurance Company**

**The series is sponsored by:**



## WOMEN'S CANCER PROGRAM

The YWCA Women's Cancer Program strives to eliminate inequities in health care experienced by many women through removing barriers to access and promoting effective community-based outreach, education, and referrals to appropriate clinical services.

- Free mammograms, Pap tests, and other diagnostic services/treatment related to breast and cervical cancers, for uninsured or under-insured women.
- Staff includes a Patient Navigator, who is available to guide patients through the complex medical journey after receiving a cancer diagnosis.
- Program serves 23 Indiana counties.
- Transportation and interpretation services for medical appointments in Tippecanoe County.
- Educational presentations.
- Para en español pregunte por Adriana Cornejo.

### Women's Cancer Program Office

Staff members are available:  
8am-5pm Monday through Thursday  
8am-Noon Friday  
**765-742-4375**  
**1-800-770-9004 (toll-free)**  
[ywca.org/lafayette/wcp](http://ywca.org/lafayette/wcp)



## BREAST CANCER SUPPORT GROUP

This group is for breast cancer patients and survivors. The group meets the last Tuesday of each month from 6:30-9:00pm at the YWCA, 605 N. 6th Street, Lafayette. NO CHARGE. For more information, contact Sue Guevara at 765-742-4375.

The YWCA Women's Cancer Program is made possible by funding from the Avon Foundation Breast Care Fund, United Way of Greater Lafayette, the Indiana State Department of Health Breast and Cervical Cancer Program, Susan G. Komen for the Cure Central Indiana, the Indiana Breast Cancer Awareness Trust, private donations and fundraisers.



## SALUTE TO WOMEN

The YWCA honors outstanding local women and showcases their achievements at the annual Salute to Women Banquet. This is an evening event featuring dinner and presentation of awards to several Women of Distinction and a Woman of Innovation. The Mary Keller Ade Woman of Wisdom Award also is presented if a deserving candidate is identified in the selection process.

**Salute to Women Banquet**  
**Tuesday, March 6, 2012**  
**5:30pm**

University Plaza Hotel, West Lafayette

Reservations may be made starting in February. Call 765-742-0075 or visit [ywca.org/lafayette/salute](http://ywca.org/lafayette/salute).



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## CLAY BOWL GIVING PROJECT

Hundreds of beautiful clay bowls are on display at this annual event, and you get to take one home! Join us for lunch or dinner provided by Puccini's, and choose your special bowl. Proceeds benefit the YWCA Domestic Violence Intervention & Prevention Program.

Mark your calendar!

**Thursday, April 19, 2012**

Lunch is served 11am-1pm and dinner is 5pm -7pm.

Make reservations starting in March.

[ywca.org/lafayette/claybowl](http://ywca.org/lafayette/claybowl)

Register by April 17, 2012

Advance tickets \$20

\$25 day of event



**pizza Puccini's pasta**  
746-5000 | [Puccinis-Laf.com](http://Puccinis-Laf.com)

Thank you to Puccini's and the local potters who make this event possible by donating their work! Learn about the domestic violence program at [ywca.org/lafayette/dv](http://ywca.org/lafayette/dv).

### Other Upcoming Events:

**June 15**      **Swing for a Cure**  
**June 27**      **Pursuit of Possibilities**

## Y-DANCE CLASSES

### Y-Dance Director: Deedra Newby

Y-Dance offers these types of dance classes for children, teens and adults:

**Ballet/Jazz Fusion, Tap and Hip Hop.** All classes are held at the YWCA.

For most classes, minimum enrollment is four students. Measurements will be taken for recital costumes the week of January 9-12 (see information below). The winter session is 15 weeks, beginning January 16-May 3. No classes will be held the week of March 26-29 for Spring Break. Full program details and attire can be found at [www.ywca.org/lafayette/ydance](http://www.ywca.org/lafayette/ydance).

### IMPORTANT

**First Week Costume Measuring:** Come during your normally scheduled class time (except for Fusion Technique classes) the week of January 9-12 to have your dancer measured for his/her recital costume. There is no charge for this first week. Parents need to be in attendance to help determine sizes. Also, payment is due at that time. Make checks payable to Deedra Newby (sum will be given to you upon measuring). Much effort is put into researching costumes that are \$60 or below. If you are out of town the day/time of your measuring, please leave a message for Deedra at the YWCA at 765-742-0075 to make arrangements for another time. This **MUST** be done before January 13, when the costumes will be ordered.

### Y-Dance Philosophy

1. To provide an atmosphere of discipline and structure.
2. To help each dancer feel loved and valued.
3. To be a fun, enjoyable, and learning experience.
4. To enhance dancers' coordination, dance and memory skills.

### Registration

See class schedule at right. →  
The registration deadline is January 2.  
Call 765-742-0075.

### Registration Fee and Tuition

A \$25 annual registration fee is required to take Y-Dance.

### Tuition for this session of classes:

- Ballet/Jazz Fusion-\$158 (1 hour)
- Fusion Technique-\$105 (Div. II 1 hour)  
\$158 (Div III 1.5 hours)
- Hip Hop - \$143 (45 min.)
- Tap - \$113 (30 min.)

### Curriculum

Class time includes warm-up and instruction in technique. During the Winter/Spring session, students learn a choreographed dance routine that is performed at a public recital at the end of the season. During the Fall session, students learn multiple combinations/mini-routines.

The curriculum for the Pre-K class focuses on movement skills, simple dance technique, rhythm and coordination and creative freestyle. Fun, youthful music is used along with imagery and props. A recital routine will also be taught.

### Discounts for Multiple Classes or Multiple Children!

You are welcome to take more than one type of class in this session. Take the second class at a 15% discount. If you have multiple children living in the same household and taking Y-Dance, receive a 15% discount for the other children. Call 765-742-0075 for all the details. Please note: Discounts do not apply to the Fusion Technique classes as they are already discounted.

## In-Service Training

### Training for Social Service Agencies on Clients Using Non-medical Substances as Drugs.

Thursday, February 23, 2012

Noon-3pm

YWCA

605 N. 6th Street, Lafayette

Cost is \$8

Presenter: Carla Gaff-Clark, Ed.D., LMCH, CADAD II

3 CEU's will be offered

For more information or to register, call the YWCA Domestic Violence Program at 765-423-4486

Register by February 22.



**Puccini's Smiling Teeth**

# We deliver!

Call today & we'll bring Smiling Teeth right to your face!

On the Levee across from the movie theater at Wabash Landing • 746-5000  
Dine In | Carryout | Delivery | Catering | Puccinis-Laf.com

Tear me off & bring me in for...

## \$5 off

your bill of \$20 or more

**Puccini's Smiling Teeth**

Not valid with any other offer  
Dine In, Carryout or Delivery  
Expires 03-30-12

**REFLECTIONS****Self Esteem Support Group**

Helps women set personal goals, affirm their self-worth and redefine their self-identity.

Thursdays, 7-8:30pm  
YWCA 604 Bldg, 604 N. 6th Street  
NO CHARGE

For Children

A corresponding group is available on-site for Reflections participants' children, ages 4-12. This group teaches children about self-esteem, assertiveness and developing a positive self-image. Childcare is available for children under 4, by prior arrangement.

**TLC FAMILY ENRICHMENT**

This parenting class program is available to any parents. This is a 12-week program, and participants may begin at any time. Parents who are under 16 years old need to bring an adult with them.

Tuesdays, 6:30-8pm  
YWCA 604 Bldg, 604 N. 6th Street  
NO CHARGE

For Children

A corresponding group is available on-site for TLC class participants' children.

**EVENING GROUP CHILDCARE**

For all groups that meet in the evenings, childcare for the younger children, ages 0-4, is available by prior arrangement.

Mondays, Tuesdays, Thursdays  
During group meeting times

***En Español - Spanish Programs*****REFLEXIONES**

Ven a conocer a otras mujeres hispanas de tu área. Podrás compartir tus alegrías, tristezas y logros con ellas. Podrás obtener ayuda para los problemas que puedas enfrentar. Hablaremos acerca de la auto estima, relaciones interpersonales, nuestras tradiciones y cultura. Nos reunimos **el segundo y cuarto miércoles de cada mes de 10 a 11:30 a.m.** en las oficinas del DVIPP. Se ofrece guardería para los niños hasta los 6 años con previo aviso. GRATIS

**REFLEXIONES - FRANKFORT**

Nos reunimos **el primer jueves de cada mes de 10:30 a.m. a 12:00 p.m.** en las oficinas de United Way Frankfort. GRATIS

**ENRIQUECIMIENTO DE LA FAMILIA/GRUPO PARA PADRES**

Le da a las mujeres y hombres nuevas herramientas para disciplinar a sus hijos, aumentar la auto estima de los niños y mejorar la comunicación entre la familia. Este grupo se **reúne dos horas por semana. La clase dura siete semanas.** Necesita registrarse antes del comienzo de la clase. GRATIS

*Para ayuda en español pregunte por Nohemí Lugo, 765-423-7003*

BALLET/JAZZ FUSION**Pre-K (4 years-K)**

MON, Jan 16-Apr 30, 1:00-2:00pm  
WED, Jan 18-May 2, 4:30pm-5:30pm

**Kindergarten**

TUES, Jan 17-May 1, 4:30-5:30pm  
WED, Jan 18-May 2, 5:00-6:00pm

**Division I (Grades 1-2)**Beginning:

MON, Jan 16-Apr 30, 5:15-6:15pm  
TUES, Jan 17-May 1, 5:35-6:35pm

Intermediate:

THURS, Jan 19-May 3, 5:15-6:15pm

Advanced:

THURS, Jan 19-May 3, 6:15-7:15pm

**Division II (Grades 3-5)**Beginning:

TUES, Jan 17-May 1, 6:40-7:40pm  
WED, Jan 18-May 2, 6:00-7:00pm

Intermediate:

THURS, Jan 19-May 3, 7:15-8:15pm

Advanced:

WED, Jan 18-May 2, 6:00-7:00pm

Technique:

WED, Jan 18-May 2, 7:00-8:00pm

**Division III (Grades 6-12)**Beginning:

MON, Jan 16-April 30, 6:20-7:20pm

Intermediate:

TUES, Jan 17-May 1, 4:15-5:15pm

Advanced:

TUES, Jan 17-May 1, 5:15-6:15pm

Technique:

TUES, Jan 17-May 1, 6:15-7:45pm

**Adult**

WED, Jan 19-May 3, 8:00-9:00pm

HIP HOP**Hip Hop A: Grades 3-5**Beginning:

MON, Jan 16-Apr 30, 5:15-6:00pm  
MON, Jan 16-Apr 30, 6:00-6:45pm

Intermediate:

MON, Jan 16-Apr 30, 6:50-7:35pm

**Hip Hop B: Grades 6-8**

MON, Jan 16-Apr 30, 7:40-8:25pm

TAP

Beginning: THURS, Jan 19-May 3, 5:00-5:30pm

Intermediate: THURS, Jan 19-May 3, 5:35-6:05pm

Advanced: THURS, Jan 19-May 3, 6:10-6:40pm

Adult: THURS, Jan 19-May 3, 6:45-7:15pm

Enroll in a beginning level unless otherwise recommended by the Y-Dance staff.

The **Fusion Technique** is *required* for advanced dancers, *recommended* for intermediate dancers and *by invitation* for beginning dancers.

**Recital**

A recital will be held May 5, 2012 at the Long Center for the Performing Arts. Dress rehearsal will be the evening of May 4.



## YW Empowerment Teen Pregnancy Program Teens - 21 years

Tuesdays, 6-7:30pm

January 10-April 24th, 2012

Program is \$50 - Pre-registration required

Instructor is Cherish Saylor, Certified Doula

Our Mission: To provide teen-specific prenatal, childbirth, post-partum and parenting educational support so teens and their families can experience a positive outcome. Fathers welcome.



## Stay & Play Drop In Child Care

Ages 3-5

Monday-Friday, 8am-Noon

Let our Stay & Play staff care for your child while you take care of business or just take time for yourself.

Enrichment activities, crafts and gym time

\*Must be potty trained

**SPECIAL WINTER/SPRING RATE**

\$10 per child, \$5 per sibling

## Kids' Night Out Ages 5-12

Get ready for some fun! Make new friends and enjoy pizza, gym time, activities, movie and a snack.

**January 13**

**February 10**

**March 9**

**April 13**

5pm-9pm Second Friday each month

\$10 per child, \$5 per sibling

Register by the prior Wednesday.

## American Red Cross Babysitting Class



**Ages 11-15**

Monday & Tuesday - 6 hour total course

February 6 & 7 (must attend both days) or

April 2 & 3 (must attend both days)

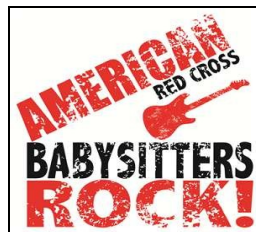
5pm-8pm

\$40

Instructor: Janae Kraud

Become a safe and responsible babysitter.

Learn how to respond in emergency situations.



## Winter Break Camp

**Ages 5-12**

Need A fun place for the kids to go during Winter Break? Bring them to our Fun Filled Winter Break Camp with different activities each day!

Tuesday-Friday, Dec. 27-30, 2011,

Tuesday-Wednesday, Jan. 3-4, 2012

8am - 6pm

\$80 per child for all 6 days or \$15 daily rate

Register by Dec. 19, 2011

\*No breakfast. Bring sack lunch. Snacks provided.

## Domestic Violence Intervention & Prevention Program (DVIPP)

Hotline:

**765-423-1118**

**1-888-345-1118** toll free

- 24-hour safe, confidential, emergency shelter for women and their children who are victims of domestic violence
- 24-hour hotline
- Serves Tippecanoe, Benton, Carroll, Clinton, Warren & White counties.
- Assistance with protective orders and other legal advocacy such as attorney referrals and emotional support during proceedings and appointments
- Resources provided (with continuous case management) to help women find employment, housing, financial resources, childcare, counseling, etc., in order to become self-sufficient
- Child advocacy and child abuse prevention education
- Free 9-1-1 cell phones for victims of DV, stalking, and harassment
- Spanish-speaking staff available; para en español pregunte por. Nohemi Lugo
- Support groups and classes, including groups in Spanish
- Choices - anger management group for women
- Parenting program, in English and Spanish
- Educational presentations for adults, teens, children, schools and groups
- Volunteer opportunities

[ywca.org/lafayette/dv](http://ywca.org/lafayette/dv)

## DVIPP Office

604 N. 6th Street, Lafayette

9am-4pm, Monday-Friday

765-423-4486

[ywca.org/lafayette/dv](http://ywca.org/lafayette/dv)



## CHOICES CLASS FOR WOMEN

This 12-week class is designed to address the most effective ways to cope with anger management. The emphasis includes learning to manage anger effectively, stopping violence or the threat of violence, developing self-control over thoughts and actions and receiving support from others.

Wednesdays, 7:00-8:30 p.m.

New 12-week session starts

December 14-February 29, 2012

YWCA 604 Bldg, 604 N. 6th Street

**NO CHARGE**

To register, call Diane Jeffries at 765-423-7015 or call 765-423-4486 between 9am-4pm, Monday-Friday.

### For Children

Corresponding programs are available on-site for Choices participants' children. The SEALS (self-esteem and life skills) Club is held for ages 5-17. Childcare also is available for ages 4 and under. Prior arrangements must be made for childcare.

### “ON OUR OWN” Divorce Support Group Adult Women

Healing from your divorce is not easy. It's a long, sometimes painful process. We want to help you on your journey toward recovery.

The facilitator for this 12-week class is Diane Jeffries. This class is designed to support and deal with Divorce. We will cover topics essential to your recovery from the hurt of separation or divorce.

March 7-May 23, 2012

**Session 1** — What's Happening to Me?

**Session 2** — Separation vs. Divorce

**Session 3** — Legal Considerations

**Session 4** — Emotions with Divorce

**Session 5** — Self-Care

**Session 6** — Children and Divorce

**Session 7** — Financial Survival

**Session 8** — Spousal Abuse

**Session 9** — Affairs and Infidelity

**Session 10** — Starting Over

**Session 11** — Your “New Normal”

**Session 12** — Finding Happiness

All Are Welcome **No Charge!**

The meetings will be held at 604 N. 6th Street, Lafayette Training Room. Wednesdays, 7:00-8:30pm

Childcare available **No Charge!**

Please call Diane Jeffries to register at (765) 423-7015 or (765) 423-4486 between 9am-4pm, Monday-Friday.

### Learn to Weave Ages 16 years and older

Come discover the joy and satisfaction of producing beautiful woven pieces on four harness floor looms. During this 10-week class, you will learn about planning a project, preparing your warp and warping a loom. Then you will weave one or more projects as time permits.

Instructor: Ellen Germann

Mondays, 6:00-9:00pm

Wednesday nights are studio nights (optional additional time for weaving)

First Session:

January 16-March 19, 2012

\$120 + \$25 materials fee

Second Session:

April 2—June 11, 2012

(no class May 28)

\$120 + \$25 materials fee

Call 765-742-0075 to register

### Gr8 Grans Adults

This group meets once a month to discuss technology that is growing rapidly around us! The objective of this group is to help us learn and understand texting, Facebook, ebooks and other related topics.

Coordinator: Grayce Lechtenberg

Meeting Dates: 4th Tuesday of every Month, 1-3:30pm

January 24, February 28, March 27, April 24, May 22

No Charge

### Karate - Little Dragons Ages 3-5

Tuesday & Thursday

10-11am

January 10 - April 26, 2012

\$100 for 16 week classes

Instructor: Carla Meyers

Little Dragons is designed to teach children important life skills in a fun, exciting and enriching manner. Your child will achieve more than just learning to kick and punch. Our program will help improve your child's basic motor skills, as well as positive mental attitude.

Register by January 6, 2012

### Little Tykes Basketball 5 Year Olds

YWCA and Lafayette Basketball Academy have combined to provide your child with the highest quality basketball program in the area! Little Tykes is geared toward helping young children develop social skills for group and team interaction. We want to build strong kids and help each child develop not only as an athlete, but as a person.

Registration January 23-27, 2012

Session is February 6 -March 31

\$55 includes t-shirt, practices, games and registration fee

Practice schedule will be set up after registration

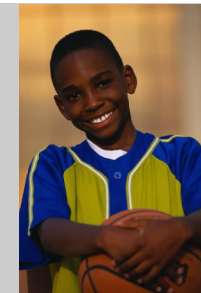
### Youth Basketball Ages 6-18

YWCA and Lafayette Basketball Academy have combined to provide your child with the highest quality basketball program in the area! The Lafayette Basketball Academy was created with a vision for girls and boys who desire to learn and play the game of basketball on a competitive level. Players are committed to earning fundamentals of the game, team building and improving their overall skill level in basketball. In addition to the dedicated training, our basketball program has an environment that continues to promote individual confidence, self growth and leadership skills.

**Open Registration  
Year Round Program  
Each session is 15 weeks**

\$150 includes jerseys, practices, league games and registration fee

Practice schedule will be set up after registration



## First Aid/CPR Classes

Ages 16 years and older

Get the skills you need to save lives. Participants will be certified in Adult, Child and Infant CPR and First Aid. Certifications are valid for 2 years.

Monday, February 20, 5pm-8pm or

Monday, April 16, 5pm-8pm

\$40

Instructor: Janae Kraud

Registration deadline for February 20 class is February 15.

Registration deadline for April 16 class is April 11.



## ZUMBA

Ages 16 years and older

Zumba combines dance, music and exercise in order to make your aerobic workout fun.

Certified Zumba Instructor: Kathy Parker

Ongoing Program  
Wednesday & Friday  
9am-10am

Wear comfortable clothes & tennis shoes.

\$6 per class  
\$50 for 10 classes  
\$80 for 20 classes



## Karate

Ages 16 years and older

January 9-April 30, 2012

Mondays, 5:30-6:30pm  
Wednesdays, 5-6pm

\$150 for 17 week classes

Registration Deadline: January 6.

Instructor: Carla Myers

Carla Myers embraces Universal Kenpo's Grand Master, Larry Tatum's program. "Kids at Risk" stresses the mental and physical development of our children, teaching them to measure their own growth, to reach for goals, to achieve not only in martial arts, but in all aspects of their life. She teaches every student, child or adult, the necessary skills to help keep them safe. Students gain self-confidence, respect and a thirst for knowledge and self-development.



## ZUMBA

Ages 16 years and older

Zumba combines dance, music and exercise in order to make your aerobic workout fun. Certified Zumba Instructor: Janae Kraud

January 3 - April 28  
Mondays/Wednesdays/ Fridays,  
Noon

Tuesdays, 6pm-7pm

Wear comfortable clothes & tennis shoes.

\$6 per class  
\$90 for entire session



## BEGINNING YOGA

Adults

Ages 18 years and older

Instructor: Jerri Painter

Mondays, 5:30-6:30pm  
January 9-February 27, 2012

\$48.00 for the session or \$6 per class

Register by January 6  
Call 765-742-0075

\*Participants should wear comfortable clothing & bring a yoga mat. Limited number of mats available at the YWCA for \$10.

## Book Club Ages 18 years and older



2nd Sunday of every month  
2pm-4pm

January 8 - *The Help* by Kathryn  
Stockett

February 12 - *A Secret Kept* by Tatiana  
de Rosnay

March 11 - *Save Me* by Lisa Scottoline

April 8 - *Night* by Elie Wiesel

Facilitator: Angie Lucus

Must bring book listed for each month

NO CHARGE

## Low-Impact Aerobics

Ages 16 years and older

Thursdays, 6pm-7pm

January 12-April 26, 2012

\$6 each class  
\$75 entire session

Instructor: Kimber Nicoletti

This class is designed to meet the needs of all age groups, including seniors, who want to increase their heart rates and sustain a healthy lifestyle.

Registration deadline January 6,  
2012

## NOON BASKETBALL

*Stay fit and have fun!*

### FOR MEN

Any skill level is welcome. Come take part in drop-in basketball in the YWCA gym. For ages 15 and up.

Ongoing  
Mondays/Wednesdays/Fridays  
11:30am -1:30pm

YWCA annual membership of \$50 is required to participate. Fee options are \$5 per day or \$40 per month.

