

eliminating racism empowering women

ywca

YWCA Ames-ISU
March – April – May 2010
Celebrating 120 Years

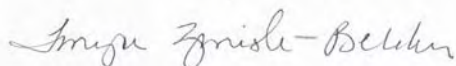
a letter from the president

Dear Y Members,

On behalf of the YWCA Ames-ISU Board of Directors, I would like to personally invite you to attend our upcoming Women of Achievement program and reception, being held at the Alumni Center on March 25, 2010, from 5:30-7. We would be so glad to have you join us to honor and recognize some very special women in our community. The work of the YWCA is becoming ever more important to our community and quality of life, as Story County continues to grow and expand. We are a small organization, but our programming is so very important to the women and girls we work with—we could not do it without your support throughout the year, but the Women of Achievement event offers a special opportunity to renew our commitment to the Y's mission of ending racism and empowering women.

During this time of budget cuts, the YWCA Ames-ISU recently lost its funding for our Global Programs Coordinator. This position coordinates our Engaging International Spouses program as well as our International Friendship Fair, which introduces international volunteers to students in the Story County school system. These programs play an important role in fostering diversity in our community, and while the YWCA is actively searching for new funding sources and conducting planning for our long-term development, we do rely on you, our membership, for support. Please consider the YWCA for a donation, as every penny counts!

Warm regards,



Tanya Zanish-Belcher
President, YWCA Ames-ISU Board of Directors

honor story county women who
work to eliminate racism and
empower women

Women of Achievement Ceremony March 25

Five outstanding women and one organization in Story County will be honored during the YWCA's Women of Achievement Awards and Scholarship Reception. Join us at 5:30 pm on March 25 at the ISU Alumni Center, 420 Beach Avenue in Ames. There will be a brief program followed by a hors d'oeuvres reception. Tickets are \$25 per non-student and \$15 per student. To register click on the link under "Upcoming Events" at www.ywca.org/amesiowa. Can't attend, but would like to contribute? Tax-deductible contributions can be sent to YWCA Ames-ISU, 210 Lab of Mechanics, Ames, IA 50011.

2010 Women of Achievement Winners

Cindy Baughman - Woman of Achievement:

A woman who, through her volunteer activities, has made an outstanding contribution toward empowering women and/or eliminating racism.

Jennifer Plagman-Galvin - Shining Star:

A woman who goes beyond her job description to provide leadership, serve women and girls, or empower women and/or eliminate racism in the workplace.

Carolina Arce - Rising Star: A high school student, college student or recent graduate who makes a difference by supporting social justice efforts.

Story County Dental Clinic - Community Spirit Award: A business or organization employing practices that empower women to participate equally in the workplace, demonstrating leadership in the promotion of racial justice, or impacting the community through its commitment to the YWCA vision.

**Maggie Luttrell and Eva Morales - \$1,000
Scholarship Recipients**

help us celebrate international women's day on march 7 and 8th International Women's Day is an annual, worldwide celebration of the economic, political and individual achievements of women. Join the YWCA on Sunday, March 7, at the Ames Public Library Auditorium from 2 p.m. to 4 p.m. to celebrate this important day. We will explore the historical, current and future role for women in the media through a panel discussion. Panel members will discuss personal and professional opinions about the career path of women who choose to work in the media as well as how local, national and international media impact the lives of women.

The panel includes:

- Daniela Dimitorva, Associate Professor, Greenlee School of Journalism and Mass Communication, Iowa State University,
- Dianne Bystrom, Executive Director, Carrie Chapman-Catt Center for Women and Politics, Iowa State University
- Alexandra Hayne, Editor, Ames *Tribune*
- Sophia Prell, Opinion Editor, Iowa State *Daily*, and Iowa State University senior majoring in Journalism and Mass Communication.

Following the panel discussion attendees may choose from a variety of desserts and tea, provided by Friends of International Women and the Ames Public Library. Students from Nigeria will present a quiz on International Women's Day and this year's theme of Women in the Media.

Admission is free. International Women's Day is organized by volunteers from ACCESS, Ames-ISU YWCA, Ames Public Library, Carrie Chapman-Catt Center for Women and Politics, Friends of International Women, International Students and Scholars Office at Iowa State University, Iowa Resource for International Services (IRIS), Soroptimist International of Ames Heartland, and the Iowa United Nations Association.

The celebration continues on March 8...
In addition to the International Women's Day celebration at the Public Library, the YWCA is co-sponsoring the lecture, Laughing Without an Accent by Firoozeh Dumas at 8:00 pm on March 8th in the Great Hall of the Iowa State Memorial Union. Admission is free and open to the public.

Firoozeh is a humorist with a serious message. Born in Abadan, Iran she moved to Southern

California with her family in the 1970's. Firoozeh grew up listening to her father, a former Fulbright Scholar; recount colorful stories of his life in both Iran and America. In 2001, with no prior writing experience, Firoozeh decided to write her stories as a gift for her two children. *Funny in Farsi* was on the *San Francisco Chronicle* and *Los Angeles Times* bestseller lists and was a finalist for a number of prestigious awards. Critics and readers of all ages have loved her stories. Dumas's commentaries have been broadcast on NPR and published in the *Los Angeles Times*, *New York Times*, *San Francisco Chronicle Magazine*, and *Lifetime Magazine*.

learn about other cultures during international friendship fair march 17 Interact with International ISU students and their spouses as they give presentations on their culture during the International Friendship Fair, 10:00 am – Noon, Wednesday, March 17 at the Ames Public Library. Share in multicultural games, crafts, exotic music, stories and much more. Presentations are geared towards elementary students and their families, but anyone is welcome to attend this free event. Representatives from Uganda, Indonesia, Colombia, Taiwan, Vietnam and India are tentatively scheduled.

The International Friendship Fair will also give presentations at Ames Christian School, Sawyer Elementary and Nevada Elementary throughout the Spring. Approximately 15 different countries will be represented during the four spring events. International Friendship Fair works to dispel stereotypes and gain intercultural understanding at an early age.

join us - ywca membership meeting saturday, april 10

The YWCA Ames-ISU Annual Membership Meeting will be held Saturday, April 10 from 11:00 am – 1:00 pm at the home of board member Ginny Blackburn, 714 Brookridge in Ames. All members of the YWCA are encouraged to attend to hear updates on the year's activities, elect new board members and recognize the volunteers who have helped us further our important mission. The meeting is free and brunch will be provided. **To RSVP simply contact the YWCA office at 515.294.1663 or ywca@iastate.edu.**

YOU CAN HELP support the ywca with a financial gift

The YWCA is funded through the United Way of Story County, Government of the Student Body, grants and YOU! Nearly fifty percent of our operating budget comes from private donations from supporters such as you. Without the generosity of our members and donors we could not survive. Please consider donating to the YWCA so that we can continue to grow our programming to eliminate racism and empower women in our community. You can make a donation by filling out the form on the back of this newsletter. Choose one of our sponsorship levels or make a one-time donation. In general, donations to the YWCA are tax deductible. However please contact your tax advisor to determine deductibility of your gift.

Give the perfect gift! Send a unique gift to that special person(s) on their birthday, anniversary or other special occasion or honor a loved one by giving a gift to the YWCA in their name. An acknowledgement of your gift will be sent to the individual(s) if an address is provided and be listed in the next YWCA newsletter.

be a ywca leader

Serve on our Board of Directors

The YWCA is looking for ISU staff, students and community members who are passionate about eliminating racism and empowering women to serve on our 15 member Board of Directors. Board members must be members of the YWCA and have a desire to lead the organization to a bright future. Commitment would include an hour and a half evening board meeting once per month, service on a committee of your choice and assistance in YWCA fundraising and membership recruitment efforts. Terms of office are three years for non-students and one year for students with a maximum of six years service. If you are interested please contact Committee Chair, Elizabeth Baird at Elizabeth.baird@dot.iowa.gov or YWCA Executive Director, Andrea Henry at 515.294.1663 or ywca@iastate.edu

the ywca has gone social

Keep up with what's happening with the YWCA by following us on Facebook



follow us on twitter

and Twitter. Get daily updates on women's and diversity issues as well as notifications about YWCA events. We've updated our Facebook site to a fan page which includes photos and discussion boards so our fans can let us know what's on their mind. We've also added a page on Twitter. To follow us go to www.facebook.com and search for YWCA-Ames-ISU or twitter.com/ywca_ames_isu. There are also links to both Facebook and Twitter from our homepage. If you were a follower of our previous Facebook group page, please change to our fan page to get expanded content. The group page will be taken down the middle of March.



Hilary Seo –Board Member, Tanya Zanish-Belcher –President, Ruth Powell – 2009 Protégé, Andrea Henry –Executive Director and Liz Beck – Former Interim Director

protégé program brings non-profit experience to isu students

During the Fall 2009 semester the YWCA participated in the inaugural class of the ISU/Story County Non-Profit Protégé Program. The program gives ISU students a chance get a first-hand look into the life of a non-profit leader. Ruth Powell a Senior in Political Science served as the YWCA's intern. She met weekly with Interim Director, Liz Beck to discuss topics such as the YWCA's mission and services, organizational structure, boards and governance, budgeting, crisis and conflict management, marketing and communications and strategic planning. Ruth was able to meet the staff and attend a board meeting. As a final project Ruth helped determine ways for the YWCA to recruit more undergraduate female ISU student mentors in the GIRLS Power program. Six other Story County non-profit agencies participated in the program.

If you know an ISU student who would be interested in learning more about the non-profit world as part of the Protégé Program visit www.sac.iastate.edu/nppp for more information.

martin luther king community celebration a huge success!

On January 18 nearly 400 people from Ames and surrounding communities came out to the Ames Middle School to celebrate the legacy of Dr. Martin Luther King, Jr. Attendees were treated to birthday cake while listening to the sounds of the Ames High Jazz Band. Following refreshments, the audience delighted in songs by the Meeker Elementary School Chorus and Gospel Soul Innovators, a play by the Delta Academy/GEMS and a special message about service from representatives of the ISU Advisory Council. The highlight of the evening was a performance by ISU alum, Paxton Williams as he played the role of George Washington Carver. His message focused on ordinary people who became great because of their work to give back to their communities and the world. A food drive sponsored by Ames Zone was set up in the lobby prior to the event. Special thanks to Peggy Johnson for emceeing the evening's events.

The YWCA coordinates the celebration with help from the following groups: Ames Community Schools, Ames Human Relations Commission, AmeZone, Delta Sigma Theta Sorority, Inc., Cub Foods Store, Fareway Stores, Inc., Hy-Vee Food & Drug Stores, ISU Athletic Department, ISU MLK Planning Committee, ISU Office of the Executive Vice President and Provost, United Way of Story County, USDA Federal Employees and Youth & Shelter Services. Thank you for your hard work in making the event a success!

conversation in english classes for non-native speakers

Thanks to the YWCA and the Ames Public Library non-native English speakers now have a place to practice conversational English skills in a comfortable, relaxed setting. Volunteers and library staff work with participants in small groups to help master the language. Classes are held every other Wednesday from 2:30 – 4:00 pm at the Ames Public Library. Please refer to the calendar of events for more information.

YOU CAN HELP volunteer

Nothing is more valuable than your time. Consider giving your time to the YWCA. We need volunteers to serve on planning committees, help with events and perform duties around the office. For more details contact the YWCA office at (515) 294-1663 or ywca@iastate.edu.

office receives new computers

Thanks to a Special Senate Bill through the Government of the Student Body every member of the YWCA staff now has a computer. The previous computers had outdated software and system requirements which severely limited the productivity of the staff. In addition, four computers were being shared among six staff members which left some unable to work on a computer during their shift. With the funding, we were able to purchase three laptops and one desktop computer, keeping two of the more updated models. The office was also able to purchase the latest version of Microsoft Office for all of the computers. The laptops will be utilized by the program coordinators so they can give presentations and show videos during their sessions.

If you have computers, software or other office equipment that you no longer use consider donating it to the YWCA. You can contact us at (515) 294-1663 or ywca@iastate.edu.



Paul Erickson, Des Moines Woman of Achievement Winners Dawn Taylor and Dr. Linda Railsback, Jan Cook representing Lois Smidt, Susan Benner, Tina Newton, John Russell Market President for Bankers Trust and Andrea Henry

2009 women of achievement winners honored

Three of the 2009 Women of Achievement Winners were honored by Bankers Trust during the January 27 Iowa State Women's Basketball Game against Oklahoma. Lois Smidt, 2009 Woman of Achievement represented by Jan Cook; Susan Benner, 2009 Shining Star and 2009 Community Spirit Award Winner, Worldly Goods represented by manager, Tina Newton graced center court during half-time of the game. Each were presented with a basketball signed by the team and thanked by John Russell, Market President of Bankers Trust for their dedication to eliminating racism and empower women. Also honored were Des Moines Women of Achievement winners. The YWCA would like to thank Bankers Trust for their recognition and for providing tickets to the basketball game.

want to advertise your services as a sitter?
do you need a sitter for your child?

If you provide baby sitting services and would like to boost your business, place your name on the YWCA Sitter's List. There is no charge to be listed, simply contact the YWCA at 515.294.1663 or ywca@iastate.edu. We will have you answer a few simple questions about your availability, ages of child you prefer to watch and basic contact information as well as run a background check.

If you are a parent and looking for a someone to watch your child (ren) the YWCA can provide you with a list of sitters. The list is free to all ISU students and \$3 for the general public. All persons listed have passed criminal, sex offender and child abuse background checks. Contact the YWCA at 515.294.1663 or ywca@iastate.edu to obtain a copy of the list. Please note that the sitters on our list are generally available for occasional sitting jobs. If you are looking for permanent daycare, the YWCA has a link to the Department of Human Services' list of licensed daycare providers in Story County. Click on "Child Care" under the "Programs" tab at www.ywca.org/amesiowa.

be a part of planning a fall diversity celebration in ames
Are you interested in helping Ames plan a community wide celebration in the fall of 2010 focused on the diversity of this great city? Join the FACES planning committee as we work to breathe new life into the celebration. Contact Amber Corrieri at amberc@amesbank.com for more details or simply show up to the next committee meeting March 10 at noon at the Ames City Hall.

YOU CAN HELP put us in your will
Did you know that you can continue to fight racism and empower women even after your death? Consider putting the YWCA in your will. For more details contact the YWCA office at (515) 294-1663 or ywca@iastate.edu.

attend one of ywca's sponsored lectures on women's issues
The YWCA co-sponsors free lectures that are open to the public through the Lectures Program at Iowa State University. YWCA sponsored speaker's present topics in the areas of eliminating racism and empowering women. The lectures include well-known activists, political figures, entertainers and more from around the world. We hope you will join us for one of our informative and entertaining YWCA sponsored lectures:

March 8 - Laughing Without an Accent A lecture by Firoozeh Dumas - Iowa State University Memorial Union Great Hall, 8:00 pm, Free
Firoozeh is a humorist with a serious message. Born in Abadan, Iran she moved to Southern California with her family in the 1970's. Firoozeh grew up listening to her father, a former Fulbright Scholar; recount the many colorful stories of his life in both Iran and America. In 2001, with no prior writing experience, Firoozeh decided to write her stories as a gift for her two children. Funny in Farsi was on the San Francisco Chronicle and Los Angeles Times bestseller lists and was a finalist for a number of prestigious awards including the Thurber Prize for American Humor. She is the first Middle Eastern woman ever to be considered for this honor. Critics and readers of all ages have loved her stories. Dumas's commentaries have been broadcast on NPR and published in the Los Angeles Times, New York Times, San Francisco Chronicle Magazine, and Lifetime Magazine.

April 7 - How to Pass the Flaming Baton: Managing, Mentoring and Moving On A Lecture by Regenia Bailey, Iowa State University Memorial Union Campanile Room, Noon, Free
Moving on may mean anything from transitioning to a higher level of operation in the organization, moving out of your current position and on to your next challenge, or simply your recognition that we need to prepare the next generation of leaders. We will discuss how we manage transition and change in our organizations and in our lives; ways to prepare and teach others to assume greater responsibility and roles within our organizations; and how we gracefully move on to our next great opportunity. Regenia Bailey is the founder and principal of the Bailey Leadership Initiative. She was the founding director of the Iowa Women's Foundation. Regenia teaches business courses as an adjunct faculty member at Kirkwood Community College and is serving in her second term as an Iowa City City Council member and her first term as Mayor.

April 7 - The Time to Relax is When You Don't Have Time For it: Finding More Balance in Your Life A Lecture by Regenia Bailey, Iowa State University Memorial Union Oak Room, 7:00 pm, Free

We all seek the ideal balance between work and our non-work lives, but with technology that enables us to be connected to work and to others 24/7, and the expectation that we will do more with less, how do we find—and maintain—that balance? We'll talk about ways to reduce stress, to manage our workloads, and to improve the balance in our lives. Regenia Bailey is the founder and principal of the Bailey Leadership Initiative. She was the founding director of the Iowa Women's Foundation. Regenia teaches business courses as an adjunct faculty member at Kirkwood Community College and is serving in her second term as an Iowa City City Council member and her first term as Mayor.

April 23 - Equal pay is Not Only About Fairness It's About Survival a lecture by Lilly Ledbetter, Iowa State University Memorial Union Sun Room, 7:30 pm, Free

Lilly Ledbetter gained national recognition when in 2007 the U.S. Supreme Court overturned a jury's ruling in the pay equity law suit she had won almost a decade before. Ledbetter had worked for nearly twenty years at Goodyear Tire and Rubber in Gadsden, Alabama, and despite receiving top performance awards discovered that she had been paid significantly less than male co-workers in the same position. In a 5-4 decision, Supreme Court justices ruled that employees could only file a wage discrimination complaint within 180 days of the original pay decision. In January 2009, the Lilly Ledbetter Fair Pay Act became the first bill that President Obama signed into law. The law restores the long-standing interpretation of civil rights laws and EEOC policies that allows employees to challenge any discriminatory paycheck they receive.

alternative gift market raises \$500

In November and December the YWCA participated in the Alternative Gift Market. The Market provides an opportunity for members of the Ames community to purchase meaningful, life-giving holiday gifts in honor of their friends and loved ones. Gifts are generally donations to non-profit organizations who work to make the world a better place for all to live in. This year's Alternative Gift Market was held throughout the holiday shopping season at the following churches: Bethesda Lutheran, First United Methodist, Collegiate Presbyterian, Collegiate United Methodist, Lord of Life Lutheran, Northminster Presbyterian, St. Cecilia Catholic, Unitarian

Universalist Fellowship of Ames and United Church of Christ-Congregational. Thank you to all who supported the YWCA through this unique shopping experience!

meet the staff

Andrea Henry Executive Director



Andrea joined the YWCA in December 2009. She is a graduate of Iowa State University and has a background in non-profit management, marketing, public relations and graphic design. In her free time Andrea enjoys dreaming up home-improvement

projects and boating and camping with her family and friends. She lives in Gilbert with her husband Steve; three and a half year old daughter, Jaedyn; two ornery boxers and one lazy cat.

Alexis Beyer GIRLS Power Coordinator, Nevada



Alexis joined the YWCA in December of 2009, previously serving as a mentor in the GIRLS Power program in 2008. She is graduating in May with a degree in Psychology and plans to continue in the international community service field. Alexis enjoys yoga, rock

climbing, music festivals and traveling the world.

Meher Vani Bojja Global Programs Coordinator



Vani joined the YWCA in December 2009. She is a Graduate student with an academic background in Computer Science. Unlike Ames, Vani is from a very busy city in India, Kolkata. She has been here for three years with her husband and has a one and

a half year old son. Vani is enjoying her stay in Ames and loves being a part of various activities which helps her learn more about the community and other cultures.

Nadia Khatib GIRLS Power Coordinator, Ames



Nadia joined the YWCA in August 2009. She is studying Sociology with a minor in Child, Adult, and Family Services. While going through the tough time known as middle school, she went to a leadership camp that changed her life. She continued to go to the camp through high school and worked there for four years after graduation. That experience allowed Nadia to see the difference one person can make in another's life. After serving as a GIRLS Power mentor for two years, she is now the coordinator for Ames. Nadia, originally from Clive, IA, enjoys spending time with her friends and family, enjoying the outdoors, traveling, and taking photos.

Lilly Melander Office Coordinator



Lilly joined the YWCA in January 2010. She is currently a junior at Iowa State University Majoring in Business and Political Science. In her free time she enjoys sports, the outdoors, watching a good movie and spending time with her friends and family. She

loves any chance she gets to head home to Mahtomedi, Minnesota to play with her rambunctious Golden doodle, Harriet.

Kayla Pinegar Financial Assistant



Kayla joined the YWCA in January 2009. She is a junior majoring in Accounting and Finance. Kayla is also the Treasurer of the Government of the Student Body and a volunteer for ASSET. In her free time she loves to hang out with

friends, attend as many Cyclone athletic events as possible, and play intramurals. Kayla is originally from Pleasant Hill, Iowa and attended Southeast Polk High School.

Welcome New Members

YWCA couldn't exist without its members. In addition to providing financial support our members dedicate their time and talents to ensure we are providing quality programming that works to eliminate racism and empower women throughout Story County and beyond. If you know of someone who would like to be interested in membership with the YWCA please have them fill out the membership application included in this newsletter or visit the "Get Involved" tab on www.ywca.org/amesiowa.

- Rebecca Christoffel
- Phyllis Crouse
- Laurie Fiegel
- Judie Hoffman
- Joy Lang
- AdaMae Lewis
- Mary Ann Lundy
- Cynthia Oppedal Paschen
- Erin Rosacker
- Edra Wheelock
- Sharon Youngquist

New members listed are from July 1, 2009. If we've inadvertently left off your name, please accept our sincere apologies. If you let us know we would be happy to recognize you in a future newsletter.

YOU CAN HELP designate the ywca in your united way giving or through payroll deduction

The YWCA receives support from the United Way of Story County through the ASSET allocation process. However when donating to the United Way you can designate a portion of your donation to come directly to the YWCA. Simply complete a donor choice card along with your pledge. Donor choice cards can be found under the "Annual Campaign" tab at www.uwstory.org or by contacting the United Way office at (515) 268-5142.

If you are an Iowa State University employee you can also donate to the YWCA through automatic payroll deduction set up through the Foundation. Fill out an electronic fund transfer form available under the "Ways to Give" tab at www.foundation.iastate.edu.

thank you!

YWCA Ames-ISU relies on private support for nearly fifty percent of our funding. Without the donation of time, money and resources from YOU we could not exist. One hundred percent of the resources that come into the YWCA office work to eliminate racism and empower women in Story County and beyond. Below are those who have contributed money, resources and/or time to the YWCA from July 1, 2009 – March 1, 2010. Thank you for your generosity!

Grace Amemiya
Ames Alternative Gift Market
Michael Avise
Elizabeth Baird & Ken Cameron
Mary Jo Banwart
Douglas & Connie Bates
Elizabeth Beck
George Belitsos & Peter Wolfe
Ken & Diane Birt
Melanie Bond
Virginia Blackburn & Gloria Starns
Becca Bowen
Dianne & Keith Bystrom
Pam Elliott Cain
Lynne Carey
Eric Carlson
Susan Carlson & Michael Mendelson
Laura Centeno-Diaz
Sara & Gerald Chase
Mary & Alan Christy
Brittney Corpio
Linda & John Dasher
Louise Dengler
Judy & Warren Dolphin
Steven & Marie Duesenberg
Lauri Dusselier
Jeanette Dyer
William & Jane Edwards
Abby Enabnit
Lisa & Brian Eslinger
Kelsey Feldmann
Deb & Bill Fennelly
Laurie Fiegel
Carmen Flagge
Aaron Fultz
David & Hanna Gradwohl
Charles Grimm
Marc & Nicole Harding
David Harris
Tom & Joyce Hertz
James & Ruth Hill
Tom & Billye Hill
Tahira & Labh Hira
Elizabeth Hoffman & Brian Binger
Willa & Dave Holger
Cecilia Horner
Srishti Jaiswal
Joshua Jensen
Debra & Tom Johnson
Peggy Johnson
Jody Korthaus
Beverly & Warren Madden

Andrea Mallarino
Amanda Martin
Surya Mallapragada & Balaji Narasimhan
Greg & Theresa McDermott
Pat & Kemp Miller
Sally Lapan
Karen Miskell-Larson
Laura Logsdon
Mary Ann Lundy
Mary Jo Mattila
Christine Movick
Steven & Holyce Nissen
Cynthia Oppedal Paschen & John Paschen
Sarah Pedelty
Randi & Steven Peters
Barbara Peterson
Zoe Prevette
Marlie Quintero
Barbara & Karle Qwiasda
Al & Sue Ravenscroft
Patrick Richard
Candy & Steven Schainker
Dana Schumacher
Dick & Jan Seagrave
Hilary Seo & Paul Rounds
Ellie Skowronek
Erin Rosacker
Suzan & John Shierholz
Alicia Snyder
Sorptimist International of Ames
Jerry & Karen Stewart
Ruth & Clayton Swenson
Irene & William Switzer
Joanne & Ted Tedesco
Valerie Terando
Peter Thompson & The Gospel Soul Innovators
Lana Voga
Barb Matson Wandling & Don Wandling
Pamela & Scott White
Mike & Patty Whiteford
Jan Williams
Heather Withers
Erika Womack
Worldly Goods
Sharon Youngquist
Tanya Zanish-Belcher & John Belcher
Suzanne Zilber

Please accept our apologies someone has been inadvertently left off the list. Contact the YWCA office at (515) 294-1663 or ywca@iastate.edu and we will happily recognize that person's generosity in the next edition of our newsletter.

calendar of events

MARCH Women's History Month

March 3 - Engaging International Spouses Session
Location and Time TBD, Free for all International
Students, Spouses or Residents

March 7 – International Women's Day – Ames
Public Library Auditorium, 2-4:00 pm, Free

March 8 - Laughing Without an Accent A lecture by
Firoozeh Dumas - Iowa State University Memorial
Union Great Hall, 8:00 pm, Free

March 10 - Conversations in English Class - Ames
Public Library, 2:30 - 4:00 pm,

March 10 – Board Meeting

March 11 - Engaging International Spouses
Session - Location and Time TBD, Free for all
International Students, Spouses or Residents

March 12 – International Friendship Fair at Ames
Christian School, Closed to the Public

March 12 – Last Day for ISU students to apply for
2010 Non-Profit Protégé Program

March 17 - International Friendship Fair at Ames
Public Library, 10:00 am - Noon, Free to Public

March 24 - Conversations in English Class - Ames
Public Library, 2:30 - 4:00 pm, Free

March 25 - Women of Achievement Awards and
Scholarship Reception– ISU Alumni Center, 5:30
pm, \$25 Registration

March 25 - Engaging International Spouses
Session - Location and Time TBD, Free for all
International Students, Spouses or Residents

March 26 - International Friendship Fair at Sawyer
Elementary, Closed to the Public

March 28 - Ames GIRLS Power Session on Self
Defense, Closed to the Public

March 28 - Nevada GIRLS Power Session on
Women's Month, Closed to the Public

March 31 - Engaging International Spouses
Session - Location and Time TBD, Free for all
International Students, Spouses or Residents

APRIL Sexual Assault Awareness Month

April 7 - How to Pass the Flaming Baton:
Managing, Mentoring and Moving On A Lecture by
Regenia Bailey, Iowa State University Memorial
Union Campanile Room, Noon, Free

April 7 - The Time to Relax is When You Don't
Have Time For it: Finding More Balance in Your
Life A Lecture by Regenia Bailey, Iowa State
University Memorial Union Oak Room, 7:00 pm,
Free

April 7 - Engaging International Spouses Session -
Location and Time TBD, Free for all International
Students, Spouses or Residents

April 10 – YWCA Membership Meeting, Home of
Ginny Blackburn, 714 Brookridge in Ames, 11:00
am – 1:00 pm, Free to all members

April 11 - Ames and Nevada GIRLS Power
Session on Financial Literacy and Career
Exploration, Closed to the Public

April 14 - Conversations in English Class - Ames
Public Library, 2:30 - 4:00 pm, Free

April 14 – Board Meeting

April 15 - Engaging International Spouses Session
- Location and Time TBD, Free for all International
Students, Spouses or Residents

April 21 - International Friendship Fair at Nevada
Elementary School, Closed to the Public

April 22 - Take Back the Night Rally, 6:00 pm,
Outside Iowa State University Memorial Union,
Free

April 23 - Equal pay is Not Only about Fairness -
its About Survival a lecture by Lilly Ledbetter, Iowa
State University Memorial Union Sun Room, 7:30
pm, Free

April 25 - Ames and Nevada GIRLS Power End of
the Year Potluck, Closed to the Public

April 28 - Conversations in English Class - Ames
Public Library, 2:30 - 4:00 pm, Free

SUPPORT THE YWCA!

*Do your part to eliminate racism and empower women in Story County.
Become a sponsor make a donation or join as a member*

Name: _____

Phone: _____

Address: _____

City & Zip: _____

ISU Address: _____

Email*: _____

**Sending communications to you electronically keeps our costs low allowing us to devote more resources to the fight against racism and the empowerment of women. The YWCA will never provide your name or email address to anyone outside of the organization.*

I WANT TO SPONSOR:

- \$250 - Women of Achievement - Name displayed at the WOA event, YWCA web site and 2 tickets to Women Of Achievement
- \$500 - Bronze - Name displayed at YWCA events, in event programs, on YWCA web site and 2 tickets to Women of Achievement and Just Desserts
- \$1,000 - Silver - Name displayed at YWCA events, in the event programs, on YWCA web site and 4 tickets to Women of Achievement and Just Desserts
- \$2,500 - Gold – Name/Logo displayed at YWCA events, in the event programs, on the event invitations, on YWCA web site and 6 tickets to Women of Achievement and Just Desserts
- \$5,000 - Presenting – Name/Logo displayed at the Just Desserts events, invitations and prominently featured on YWCA website; Logo and write-up in event programs; Speaking opportunity at events; Representation in all pre- and post-event promotion and publicity and 8 tickets to Women of Achievement and Just Desserts

I WANT TO DONATE:

Enclosed is my tax-deductible donation of \$ _____

I WANT TO BECOME A MEMBER:

- Student \$12/year
- Community \$25/year
- Male Associates \$25/year *(All membership benefits except the right to vote)*

Return to: **YWCA Ames-ISU • 210 Lab of Mechanics • Ames, IA 50011**
Questions?: **(515) 294-1663 • ywca@iastate.edu • www.ywca.org/amesiowa**

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