



# YWCA GIRLS Power Mentor Application

2009/2010

Please complete the first page of this form and submit it *with a copy of your resume including contact information for three references.*

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ E-mail \_\_\_\_\_

Preferred method of contact:  Phone  Email

Are you an ISU Student under the age of 25?  Yes  No

Sophomore  Junior  Senior  Graduate

Major/Program: \_\_\_\_\_

Expected date of Graduation: \_\_\_\_\_

Do you have a car? (not required)  Yes  No

Learn more about the YWCA at  
[www.ywca.org/amesiowa](http://www.ywca.org/amesiowa)  
Return forms to:  
YWCA Ames-ISU  
210 Lab of Mechanics  
Ames, IA 50011

Review the mentor participation agreement on the second page, but do not sign.  
If you are willing to commit to the terms, sign below and submit your mentor application for consideration.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please explain below, or on another sheet, why you believe you would make a great mentor for a sixth or seventh grade girl. Additionally, describe at least one volunteer or extra-curricular activity you have participated in for a significant length of time.

I, \_\_\_\_\_, want to be a YWCA Ames-ISU GIRLS Power

Mentor during the 2008-2009 academic year, and I **agree** to the following terms of participation:

\_\_\_\_\_ I agree to keep my mentee-mentor relationship a **high** priority throughout the academic year, **even when** my school schedule becomes busy.

\_\_\_\_\_ I will organize my time to incorporate my responsibilities as a mentor. I am aware that if I do not follow through with my commitment, it may have a serious emotional impact on my mentee. As a result, if organizing my time becomes difficult, I will seek assistance from my program coordinator and/or my advisor.

\_\_\_\_\_ I will participate fully in all **13** meetings and activities throughout the year including working with my mentee ahead of time to prepare for any special duties/activities for an upcoming meeting.

\_\_\_\_\_ I will contact my mentee during non-meeting weeks to develop our relationship. Contact can include phone conversations or face-to-face meetings.

\_\_\_\_\_ If there is a **serious** reason for a meeting absence or to cancel one-on-one time, I will communicate **immediately** with my mentee, her family and the program coordinator.

\_\_\_\_\_ I understand that I am responsible for the safety and well-being of my mentee when we are together.

\_\_\_\_\_ I will exercise mature judgment regarding my interaction with my mentee. This includes obeying all laws, avoiding inappropriate behaviors in her company (smoking, drinking, etc.), and not including her in activities with my romantic partner or hosting her in my room/apartment overnight.

\_\_\_\_\_ I will communicate in a **timely manner** with my mentee's family to insure that they are fully informed regarding activities and plans.

\_\_\_\_\_ I will communicate with my program coordinator in a **timely manner** regarding any problems/issues/concerns regarding the relationship with my mentee as well as concerns about my mentee's well-being. I realize the sooner an issue is addressed, the sooner it is likely to be resolved.

\_\_\_\_\_ I authorize the YWCA Ames-ISU to use my photo as it relates to GIRLS Power on the YWCA Ames-ISU website, in brochures or for any other publicity purpose including for the United Way of Story County.

\_\_\_\_\_ I understand that not following through with this commitment may result in the YWCA Ames-ISU providing a poor recommendation, refusal to provide a reference letter and/or exemption of participation in future YWCA programs/opportunities including scholarship offerings.

\_\_\_\_\_  
Mentor Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Program Coordinator Signature

\_\_\_\_\_  
Date