



YWCA Ames-ISU Volunteer Interest Form

(Membership is not required to volunteer.)

Name _____ Email _____

Address _____ Phone _____

Preferred method of contact: Phone E-mail

Are you a registered 10,000 Hours Show Volunteer? Yes No

Which volunteer opportunities are you interested in?

- GIRLS Power Mentoring
- Week Without Violence or Take Back the Night
- Embracing International Spouses program
- General Office work
- International Friendship Fairs or global culture programs (country or culture _____)
- Sitters List for Parents
- Camp Molding a Better Tomorrow/children's programming
- Web Designer/Updater
- Other _____

Learn more about the YWCA at www.ywca.org/amesiowa

Return forms to:
YWCA Ames-ISU
210 Lab of Mechanics
Ames, IA 50011

Please list any special skills, experience or education you possess that would be especially relevant to the YWCA's mission of eliminating racism and empowering women.