

teen support group

for survivors of sexual assault ages 13-17



Join us on
Tuesdays
January 12 – February 16
5 – 6:30 pm
at YWCA McLean County
1201 N. Hershey Road, Bloomington
(Health & Fitness entrance)

topics for discussion

- Abusive relationships vs. healthy relationships
- Personal rights and boundaries
- Healthy coping skills
- Emotions

information

If you are interested in attending the support group or would like to set up an appointment for counseling, contact Nicole Kirstein, YWCA Stepping Stones counselor at **309-662-0461 x247** or nkirstein@ywcamclean.org.

about Stepping Stones

Stepping Stones provides **free and confidential** support services to sexual assault survivors and their loved ones. Those who seek Stepping Stones services receive the information they need to make their own educated decisions about what to do next.

YWCA McLean County
Stepping Stones Sexual Assault Program
1201 N. Hershey Rd.
Bloomington IL 61704
309-662-0461 office
309-827-4005 24-hour hotline
www.ywcamclean.org

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empowering women**
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