



Fair Housing -It's the Law

On April 11, 1968, President Lyndon Johnson signed the Civil Rights Act of 1968. The Act prohibited discrimination concerning the sale, rental, and financing of housing based on race, religion, national origin, sex, (and as amended) handicap and family status. Title VIII of the Act is also known as the Fair Housing Act (of 1968).

A top priority of HUD's Office of Fair Housing and Equal Opportunity is creating equal housing opportunities for every resident of this nation. One of the primary ways HUD accomplishes this is by aggressively enforcing the Fair Housing Act. The Office of Fair Housing and Equal Opportunity administers fair housing laws and establishes national policies that ensure all Americans have

equal opportunities in housing for which they qualify. Individuals who believe they have experienced discrimination can report it to HUD by calling the Department's toll-free fair housing hotline numbers: 1-800-877-7353 or TTY 1-800-927-9275. Individuals can file a housing discrimination complaint by logging onto HUD's Fair Housing website: www.hud.gov/fairhousing or www.espanol.hud.gov or call FHEO staff at (303) 672-543.

As part of the YWCA's effort to educate and advocate on equity and fair treatment for all protected classes we will unveil a brochure rack in April at Quincy City Hall that will display 24 informational brochures on a variety of subjects related to the Fair Housing Act and housing rights for victims of domestic violence. Other housing-related

titles include:

- Renting an Apartment
- Moving Out of Your Apartment
- Mobile Home Park Renter's Rights
- Security Deposits
- Public Housing Evictions-Appeals/Grievance Rights
- Tenant's Right to Repairs
- Tenant's Right to Utilities
- Contract for Deed
- When Your Landlord Wants to Evict You
- Mortgage Foreclosures

As part of a partnership with the Quincy Human Rights Commission, the rack will also feature consumer information:

- Your Guide to Small Claims Court
- Expungement
- Debt Collectors
- Payday Loans

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The YWCA Quincy is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom, and dignity for all.

Our new Membership Year: Aug 1-July 31

Friend = \$25

Faithful Friend = \$50

Centennial Friend = \$100

Empowerment Leader = \$250

Eliminating Racism Champion = \$500

Join Us!

1400 N. 30th St. Ste. 6 Quincy, IL 62301
phone: 217-221-9922 fax: 217-221-9926
www.ywcaquincy.org ywca@ywcaquincy.org

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March 2010

Women of Achievement celebrated on February 13



2010 Women of Achievement

Front: Bonnie Scranton, Jan Chaney, Cheryl Kaiser-Spielbauer, Dr. Diana Franklin, Melissa Holden Back: Becky Campbell, Cris Cray, Teresa Loos-Tedrow, Shirley Longlett

200 guests gathered to celebrate the achievements of this year's YWCA Women of Achievement. Two Future Women of Achievement, Christina Goehl and Claire Obert, were also awarded \$500 scholarships at the event.

Jan Chaney, QMG Senior Director of Physician Recruitment and Retention, received the Nellie Daniels Schwab Award; Dr. Diana Franklin, owner of Franklin Total Wellness Center, received the Dr. Melinda Knapheide Germann Award. Cris Cray, Director of Legislation for the IL State Board of Elections received the Sen. Lillian Schlagenhauf Award, followed by Bonnie Scranton, JWCC Dean of Enrollment Ser-

vices, who received the Ethel Fletcher Award. Dr. Melinda Knaphiede Germann Awards were also awarded to Becky Campbell, CPNP-QMG and Shirley Longlett, Assistant Professor of Family and Community Medicine at SIU-School of Medicine. Teresa Loos-Tedrow STARadio Senior Account Executive received the Maggie Thomas Award and Cheryl Kaiser-Spielbauer, owner of Cheryl Kaiser Dance Studio received the Elizabeth Sinnock Award.

The event's keynote speaker was YWCA Supportive Housing Program resident, Toni Park.



Run for the Shamrocks 4-mile Race
Registration Now Available



On **Sunday, March 14 at 9:30am**, runners will take to the streets to "Run for the Shamrocks" and help support the YWCA as we continue our efforts to assist women and children rebuild their lives.

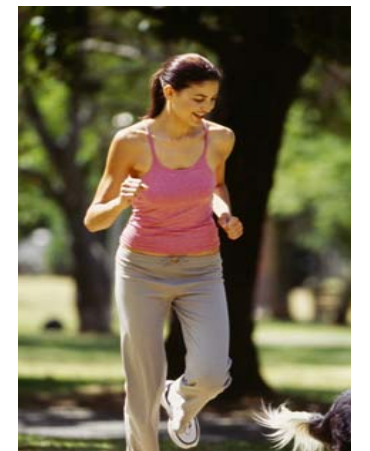
The 4-mile run has been sponsored by Kelly's and Rinella, Inc. for many years to honor Tom Daly. This year, race registration fee proceeds will help support the work of the YWCA as we continue our efforts to assist women and children rebuild their lives.

Cost to pre-register is \$14 and includes a commemorative t-shirt. The fee is \$16 on

race day. Registration tables open at 8am. Trophies will be awarded for first and second place in Male and Female categories: 19 & Under, 20-29, 30-39, 40-49, 50+.

Runners and walkers of all ages and abilities (dogs are welcome, too!) may pre-register for the road course race which begins and ends at Kelly's, 2902 Broadway, by calling the YWCA at 221-9922.

March is a perfect time to renew your commitment to your New Year's Resolution, or begin training for the Bridge the Gap Race scheduled for May 8, 2010.



Supportive Housing Program Update

“Our goal is to create a supportive living environment for women and children where they can obtain the skills and confidence necessary to make the transition from an unhealthy environment to an independent lifestyle. We also provide permanent supportive housing assistance to women with disabilities and offer opportunities to overcome their unique challenges.”



CONTRIBUTE TODAY!

Costs rise each year and the number of women and children in need continues to grow. We currently have 16 rental units for homeless single women and their children. During 2009, we helped 27 mothers and 54 children rebuild their lives.

themselves. That’s why we’re here.

Our program not only helps homeless women by offering housing, but it also offers the opportunity to begin or maintain recovery and develop and maintain stability within the framework of a supportive community. To help women become self-sufficient, which is the YWCA’s mission, each resident receives an individual service plan developed to help them set goals. Supportive services, such as counseling, life skills education and case management are available on-site. We also assist our residents in accessing and coordinating services such as public benefit programs, medical and dental care, employment and job training services, quality child care and children’s services.

How is permanent supportive housing effective?

Permanent supportive housing:

- **Enables** families and individuals to attain housing stability;
- **Is flexible**, allowing agencies to tailor services to an individual’s unique needs;
- **Is cost effective** as shown by research in other states; and
- **Leverages large amounts of federal funding.** The bulk of supportive housing funding (most of it capital funding and operating support) comes from federal sources. A relatively small amount of state funding for services, capital, and operating support leverages the funding from federal sources.

March kicks off our Annual Campaign to raise funds to support the YWCA mission. We are dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all. We believe you feel the same way.

Your donation to the YWCA helps us

continue to offer our vital housing program and may be used as a cash match to access federal funding.

Every \$3000 donated creates a \$15,000 total investment in the lives of a mother and her children.

That sum allows us to:

House the family in a safe home for 12 months (\$5500);

Provide transportation to continuing education (\$750);

Obtain 50 hours of mental health counseling to help mom resolve the traumas of her past and begin to function at an optimal level (\$2250);

Pay for 50 hours of certified homemaker assistance to educate mom in effective parenting techniques and teach her how to keep a safe and healthy house for her children’s well-being (\$3250);

Obtain 176 days of quality, licensed childcare so mom has peace of mind while she is at work or school (\$3250).



March is Women’s History Month

Make plans to join the YWCA and the League of Women Voters-Adams County as we team up to bring you a series of informative and enlightening documentaries about the evolving place of women in American society.

Viewers will have the opportunity to learn more about the issues facing women today and institutionalized discrimination based on gender.

March 16: The Willmar 8

tells the story of eight unassuming, apolitical women in America’s heartland--Willmar, Minnesota--who were driven by sex discrimination at work to take the most unexpected step of their lives and

found themselves in the forefront of the struggle for women’s rights. Risking jobs, friends, family and the opposition of church and community, they began the longest bank strike in American history in a dramatic attempt to assert their own equality and self-worth.

March 23, Legacy

The politically charged term “welfare family” takes on a human face in **Legacy**, a remarkable documentary on the struggle of three generations of African American women to free themselves from welfare and poverty. The film is an inspirational portrait of an inner-city family passing through dramatic changes over a five-year period and illustrates the

vital inter-connections between urban violence, racism, substance abuse, unemployment, female-headed families, childcare, low self-esteem and public housing.

March 30: Waging a Living

The film ponders the mythology of hard work equating with success and the vanishing American Dream: more than 30 million Americans — one in four workers — have jobs that do not pay for the basics of a decent life. **Waging a Living** chronicles the day-to-day battles of four low-wage earners fighting to lift their families out of poverty.

All movies shown at the Quincy Public Library beginning at 6:30pm.



Race: The Power of Illusion film series scheduled for April

From the Executive Producer, Larry Adelman: “Race is one topic where we all think we’re experts. Yet ask 10 people to define race or name “the races,” and you’re likely to get 10 different answers. Few issues are characterized by more contradictory assumptions and myths, each voiced with absolute certainty. This series can help us all navigate through our myths and misconceptions, and scrutinize some of the assumptions we take for granted...clear away the biological underbrush and leave starkly visible the underlying social, economic, and political conditions that disproportionately channel advantages and opportunities to white people. Perhaps then we can shift the conversation from discussing diversity and respecting cultural difference to building a more just and equitable society.”

April 6: Everyone can tell a Nubian from a Norwegian, so why not divide people into different races? That’s the question explored in **“The Difference Between Us”**. This episode shows that despite

what we’ve always believed, the world’s peoples simply don’t come bundled into distinct biological groups.

April 20: “The Story We Tell” It’s true that race has always been with us, right? Wrong. Ancient peoples stigmatized “others” on the grounds of language, custom, class, and especially religion, but they did not sort people according to physical differences. It turns out that the concept of race is a recent invention, only a few hundred years old, and the history and evolution of the idea are deeply tied to the development of the U.S.

April 27: If race doesn’t exist biologically, what is it? And why should it matter? **“The House We Live In,”** focuses not on individual attitudes and behavior but on the ways our institutions and policies advantage some groups at the expense of others. We see how benefits quietly and often invisibly accrue to white people, not necessarily because of merit or hard work, but because of the racialized nature of our laws, courts, customs, and perhaps most pertinently, housing.

All films shown at Washington School, 1400 N. 8th Street, 6:30-8:30pm

Reserve Your Spot! Circle of Women Friday, April 23 11:30am-1pm The Ambiance



Last year our first ever Circle of Women was a tremendous success! We hope that supporters this year will help us reach our annual fundraising goal of \$20,000.

Mark your calendar now to join our Circle of Women in sharing the powerful message of the YWCA mission: eliminating racism, empowering women.

The Circle of Women is so much more than a fundraiser. This unique event combines a beautiful luncheon with opportunities to learn more about our dynamic supportive housing program that has served 114 struggling mothers and nearly 240 children in this community since 2002. With YWCA help, these families begin to thrive instead of just survive. When families are strengthened, communities do better! The Circle also gives attendees the opportunity to celebrate the possibilities that exist when women unite. By attending, you, too, can make a commitment to changing the world, one woman at a time, through the most effective means possible—women helping women.

Call the YWCA office now to be a Table Captain or be placed on the reservation list - 221-9922.