

support groups

eliminating racism empowering women

ywca

kalamazoo

YWCA of Kalamazoo
353 E. Michigan Ave.
Kalamazoo, MI 49007
(269) 345-5595
Fax: (269) 345-8230
www.ywcakalamazoo.org

All groups meet at the YWCA of Kalamazoo, 353 East Michigan Avenue (*unless otherwise noted*).
Childcare is available for ALL meetings. Contact a YWCA Advocate/Counselor to arrange for childcare.

monday

Sexual Assault Support Group

6:30 pm – 8:00 pm

Join other survivors for this open, ongoing support group. This meeting has a non-judgmental and supportive environment that fosters self-empowerment and emotional healing for survivors of sexual assault.

tuesday

Domestic Assault Support Group

6:00 pm – 7:30 pm

Join other survivors for this open, ongoing support group. This meeting has a non-judgmental and supportive environment that fosters self-empowerment and emotional healing for survivors of domestic abuse.

wednesday

Healthy Transitions

4:00 pm – 5:00 pm

This is an open, ongoing group for women who have been prostituted and are seeking to make a healthy transition.

LGBTIQ Domestic Violence and Sexual Assault Support Group

7:00 pm – 8:30 pm

Kalamazoo Gay Lesbian Resource Center, 629 Pioneer Street, Kalamazoo

This is an ongoing group for ALL GENDERS who are healing from domestic and sexual assault. Discussion, readings and videos will be used to help individuals gain an understanding of how others are dealing with assault.

thursday

Sexual Assault Survivor Writing Workshop

6:00 pm – 8:00 pm

This is an ongoing group which provides a safe place to write about sexual assault and gain tools to begin healing. Any survivor of sexual assault or abuse and those who love and support survivors are welcome to attend. All genders are welcome.

friday

Making It Real Parenting Class

5:30 pm – 7:30 pm

This is a nine week parenting class open to the non-residential and residential survivors of domestic abuse, substance abuse or other crisis situations, who are raising children, are experiencing CPS involvement or want to gain positive parenting skills.