
 FREEDOM RUN 5-K RUN & WALK
 Utica, N.Y. October 24, 2009

OVERALL RUN RESULTS

1	75	SCOTT SUBA	M	45	DEERFIELD NY	19:45	6:21
2	57	JASON PARE	M	37	ORISKANY NY	20:01	6:27
3	55	BRUCE PALMER	M	51	ROME NY	20:07	6:28
4	109	DAVID HOWE	M	23	BALDWINVILLE NY	20:07	6:28
5	102	JACK SWEENEY	M	14	FRANKLIN MA	20:13	6:30
6	32	THOMAS JOSLIN	M	30	YORKVILLE NY	21:10	6:49
7	66	DAVID SAUS	M	27	CARNEGIE PA	21:26	6:54
8	106	KRISTEN OWENS	F	14	WHITESBORO NY	21:53	7:03
9	38	NICHOLAS LEONE	M	28	YORKVILLE NY	22:00	7:05
10	94	ED COLUCCIO	M	45	ROME NY	22:07	7:07
11	36	DAVID LAPLANTE	M	41		22:18	7:11
12	93	JOE LANGLOIS	M	46	ILION NY	22:41	7:18
13	107	BETTINA LINDSEY	F	48	UTICA NY	23:12	7:28
14	48	ERIN MODLISZEWSKI	F	30	PITTSBURGH NY	23:30	7:34
15	108	RICK CARDINAL	M	47	ROME NY	23:45	7:39
16	104	SUSAN GUSTAFSON	F	48	WHITESBORO NY	23:56	7:42
17	31	ROB ICHIHANA	M	56	HERKIMER NY	24:09	7:46
18	17	MIKE DUNN	M	50	NEW HARTFORD NY	24:36	7:55
19	25	JAMES GRAEFF	M	25	UTICA NY	25:03	8:04
20	81	BRETT VANDERLAN	M	36	UTICA NY	25:06	8:05
21	46	JAMES MCCARTHY	M	51		25:19	8:09
22	84	JAMES WATSON	M	43	UTICA NY	25:20	8:09
23	87	JANINE ZENZILLO	F	48	UTICA NY	25:31	8:13
24	69	FRED SFEIR	M	33	MOHAWK NY	25:36	8:14
25	74	RICHARD STANLEY	M	69	CLINTON NY	25:49	8:19
26	111	VALERIE COGNETTO	F	45	NEW HARTFORD NY	25:53	8:20
27	42	GRANT LANGHEINRICH	M	29		25:54	8:20
28	63	CHRISTINE REILLY	F	37		25:56	8:21
29	73	MICHAEL SLADE	M	43	FRANKFORT NY	25:56	8:21
30	40	TOBY LINDFIELD	M	30		26:14	8:27
31	37	MELISSA LEONE	F	27	YORKVILLE NY	26:21	8:29
32	13	BARBARA CRITELLI	F	55	UTICA NY	26:23	8:30
33	34	DONNA KAPES	F	55	NEW HARTFORD NY	26:25	8:30
34	5	HOWARD BRODT	M	33	UTICA NY	26:36	8:34
35	77	KATHRYN TAYLOR	F	34	NEW HARTFORD NY	26:54	8:39
36	51	TIM O'CONNELL	M	36	NEW HARTFORD NY	26:55	8:40
37	65	CORRINA RUSTMANN	F	25	ROME NY	27:02	8:42
38	80	AMANDA VANDERLAN	F	34	UTICA NY	27:10	8:45
39	35	GERI KAZMERSKI	F	51	LITTLE FALLS NY	27:12	8:45
40	44	STEPHEN MAZZA	M	65	UTICA NY	27:23	8:49
41	7	JEANNINE BURROWS	F	39	ORISKANY NY	27:52	8:58
42	72	RAYMOND SHANLEY	M	51	UTICA NY	28:18	9:07
43	62	CHRISTINA REILLY	F	37	NEW HARTFORD NY	28:41	9:14
44	3	SANDRA ARCURI	F	39	DEERFIELD NY	28:44	9:15
45	92	GRETCHEN KUBERA	F	41	UTICA NY	29:13	9:24
46	105	CATHERINE BROWN	F	55	UTICA NY	29:35	9:31
47	52	GEORGE OSWALD	M	58	OLD FORGE NY	29:39	9:33
48	68	PATRICIA SCOTT	F	33	TABERG NY	30:22	9:46
49	14	RICH D'ACCURZIO	M	70	UTICA NY	30:31	9:49
50	88	GARY PLUNKETT	M	52	ROME NY	30:49	9:55
51	4	DIANE BAKER	F	53	LEE CENTER NY	31:07	10:01
52	54	JULIE PACIFIC	F	25	FRANKFORT NY	32:27	10:27
53	1	STEPHANIE AIELLO	F	32	WHITESBORO NY	32:43	10:32
54	58	STEPHANIE PETT	F	31	NEW YORK MILLS NY	33:10	10:41

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55	41	LISA LIVINGSTON	F	30	ROME NY	33:17	10:43
56	16	LORNA DEILY	F	52	ROME NY	33:36	10:49
57	23	LORI GILCHRIST	F	33	WATERVILLE NY	34:00	10:57
58	110	PHILIP DALTON	M	26	UTICA NY	34:22	11:04
59	2	JOSEPH ALBERICO JR	M	61	UTICA NY	34:42	11:10
60	50	TIFFANY MONTANA	F	35	WHITESBORO NY	34:43	11:10
61	15	BARBARA DEANGELO	F	60	UTICA NY	34:51	11:13
62	53	MARION OSWALD	F	52	OLD FORGE NY	35:29	11:25
63	9	PAULA CANDELLA	F	38	HOLLAND PATENT NY	36:01	11:36
64	95	NATALIE ZUMPARO	F	36	UTICA NY	36:07	11:37
65	30	LAURA HUNZIKER	F	45	ROME NY	37:00	11:55
66	49	KATIE MONTAGUE	F	47	WHITESBORO NY	38:02	12:14
67	103	KEVIN DONOVAN	M	57	UTICA NY	38:06	12:16
68	59	DARIA PILIPCZUK	F	61	UTICA NY	38:07	12:16
69	33	DAVE KAMINSKI	M	41	UTICA NY	38:48	12:29
70	70	DAN SHANLEY	M	19	BARNEVELD NY	38:49	12:30
71	71	ELIZABETH SHANLEY	F	38	UTICA NY	38:53	12:31

