

Facts about Out-of-School Time

- Data indicate that approximately 8 million children ages 5-14 regularly spend time without adult supervision.
- Children spend just 180 days per year, or 20 percent of their waking time, in school. Many children face a full 185 days each year without adult supervision.
- Children without adult supervision are at significantly greater risk of poor outcomes such as truancy, stress, poor grades, risky behavior and substance abuse.
- The juvenile crime rate triples between 3-6 pm.
- Children are most likely to be victims of violent crime between 2-6 pm.
- Studies show that children who attend an after-school program miss less school, complete more homework, behave better in school and achieve higher test scores.



YWCA programs and services are available to all persons without regard to race, color, national origin, sex, sexual orientation, age, disability, religion or income.

RISE Programs



eliminating racism
empowering women

ywca

Metro St. Louis

RISE

Administrative Office
3820 West Pine
St. Louis, MO 63108
314-531-1115

www.ywcastlouis.org

RISE After School Program



A.S.A.P.
After School for All Partnership for St. Louis

RISE
3820 West Pine
St. Louis, MO 63108

eliminating racism
empowering women
ywca
Metro St. Louis

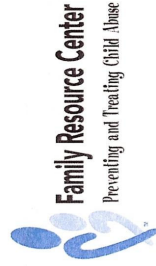
RISE

RISE (Reaching Independence through Support and Enrichment) a partnership between the YWCA Metro St. Louis, and the Family Resource Center, is guided and supported by ARCHS, SLPS, ASAP and the St. Louis Mental Health Board. The YWCA Metro St. Louis has a been part of the St. Louis Community for over 100 years and for over 25 years has been providing comprehensive non-school hour program in support of the elementary school children and their families.

The Family Resource Center (FRC) has over 30 years of specialization in the prevention and treatment of child abuse through family-centered therapeutic, educational, and support services. FRC is on of Missouri's largest family counseling agencies and is nationally accredited.

The program attempts to support children's progress in the following areas:

- Improved motivation to learn
- Improved reading
- Reduction in children' undesirable behaviors/consequences
- Improves capacity of families and care givers to support children's learning.



eliminating racism
empowering women
ywca
metro st. louis

Benefits of RISE

Goals

We intend that the majority of children in RISE will achieve one of more of the following:

- Improved academic performance
- Improved pro-social behaviors

Our approach

The RISE curriculum will focus on the following areas of children's development:

- Academic enrichment and tutoring
- Community involvement and social skills building
- Emotional and character development
- Nutrition and physical fitness
- Family engagement to support children' learning.

Locations and Hours

Lexington

5030 Lexington
St. Louis, MO 63115
3:10PM-6:00PM
Monday-Friday

Nance

8959 Riverview
St. Louis, MO 63147
3:10PM-6:00PM
Monday-Friday

Mallinckrodt

6020 Pernod
St. Louis, MO 63139
4:00PM-6:00PM
Monday-Friday

Additional Information

- Children are expected to attend a minimum of 4 days a week.
- Registration is required annually.
- Well-balance snack are provided daily.
- Families are expected to pick up or make arrangements for qualified person by 6:00PM. A late fee will be applied if late.
- Children will not be releases without a authorized escorts signature.
- Please inform program if child will not be attending.

Participants

School-year programs are open to boys and girls ages 5-12 who attend a participating

2009/10 Fees

Fees will be based on family size and income, ranging from \$0 to \$40 per week. We encourage any family who may qualify for DSS assistance to please take advantage of this service.

- Reg. fees: \$35 / \$15 each additional child
- Partial Scholarships available
- DHSS families welcomed
- Fees are due weekly or in advance.