

TEEN PARENT MENTOR PROGRAM

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Preparing Teen Mothers for the Future

Adolescent Parenting Program

APP is for pregnant or parenting teens who are first time moms 17 years of age or younger.

The Adolescent Parenting Program meets monthly at the YWCA and weekly at local high schools.

Teens participate in various activities and meetings with other teen parents.

The APP Coordinator helps teens work toward goals they set for themselves, succeed in school and deliver and parent healthy children.

Teens are matched with mentors who provide friendship and support.

For more information or to become involved in the YWCA Teen Parent Mentor Program, please call 273-3461 ext. 115 or 119 or complete this form and return to the YWCA Greensboro address below.

NAME

ADDRESS

PHONE

I am interested in:

- Participating in one of these programs
- Volunteering as a Mentor
- Donating to TPMP

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YWCA GREENSBORO

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TPMP IS SUPPORTED BY UNITED WAY,
GRANTS FROM LOCAL FOUNDATIONS
AND YOUR GENEROUS DONATIONS.

TEEN PARENT MENTOR PROGRAM

TEENS LEARNING CHILDBIRTH
TEEN FAMILIES READING TOGETHER

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TEEN PARENT MENTOR PROGRAM

Teen Parent Mentor Program

TPMP is for pregnant or parenting teens and their children. Teen mothers may be paired with adult female mentors. They spend time talking, listening and learning about each other.

- Teens are supported in continuing their education
- Group meetings offer information and support to teen mothers while focusing on their concerns and interests
- Fitness classes are available that are fun and safe for prenatal and postpartum teens
- Teens participate in special events such as bowling, swimming, skating, craft-making and picnics
- Teens receive individual, ongoing support from staff
- Program available to pregnant and parenting teens regardless of ability to pay

TPMP meets the 2nd & 4th Tuesday of each month 5:30 - 7:30 pm

- We provide:
- Dinner
 - Transportation
 - Childcare
 - Baby items

Teens Learning Childbirth

This program offers classes designed especially for pregnant teens.

TLC offers:

- Childbirth preparation with special emphasis given to the concerns of teen mothers-to-be
- Health information addressing the needs of expectant teens
- Fitness classes that are fun and safe for prenatal teens
- Tender Loving Care for pregnant teens in their preparation for birth and parenting
- Newborn care information
- Tips about breastfeeding
- Program available to pregnant and parenting teens regardless of ability to pay

CHILDBIRTH CLASSES ARE PROVIDED BY CERTIFIED INSTRUCTORS FROM THE WOMEN'S HOSPITAL OF GREENSBORO

TLC meets Thursdays 5:30 - 8:00 pm

- We provide:
- Dinner
 - Transportation
 - Childcare
 - Baby items

Teen Families Reading Together

Teens have the opportunity to:

- Develop friendships
- Have one-on-one tutoring
- Learn basic computer skills
- Explore library resource information about jobs, colleges and careers
- Learn about the importance of reading, singing and playing games with young children
- Create books for their children
- Build a home library for their children
- Program available to pregnant and parenting teens regardless of ability to pay

THIS PROGRAM IS DESIGNED FOR TEEN MOTHERS AND THEIR CHILDREN WITH SUPPORT FROM THE GREENSBORO PUBLIC LIBRARY

Teen Families Reading Together meets Thursdays 5:30 - 8:00 pm

- We provide:
- 8-10 Children's Books
 - Dinner
 - Transportation
 - Childcare

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