

ywca: promoting equality



The YWCA of Rockford offers various programs dealing with racism. In the world of business, it is essential that individuals unlearn their racism and begin to understand one another.

This opportunity rarely emerges as most individuals fear such conversation. Let the YWCA of Rockford do it for you. Our trained staff is well versed and can get your company on the right track to promoting equality.

Unlearning Racism Workshops provide a safe environment for participants to discover conscious and unconscious ways that racism has impacted their lives. This powerful program is designed to foster a deeper understanding and appreciation of differences. The workshops are available upon request from groups, organizations, or businesses. In addition, there are regularly scheduled workshops open to the community. Visit our website for scheduled sessions.

Race: The Power of Illusion is a provocative three part series that questions the very idea of race as biology. Scientists tell us that believing in biological races is no more sound than believing the sun revolves around the earth. So if race is a biological myth, where did the idea come from? And why should it matter today? This series challenges long and deeply held assumptions and provides the opportunity for people to examine their beliefs about race, privilege, policy and justice. Each portion of the series is covered in a three hour workshop. Participants engaging in all three sessions experience the greatest impact.

Challenging Racism is intended to provide a diverse group of individuals the opportunity to increase awareness of the perpetual existence of racism in our society and to establish a collective commitment to become anti-racist allies. Based on the premise that racism is both carefully taught and absorbed, beginning at the earliest ages by media and social influences, the YWCA uses powerful videos, open and honest dialogue, and interactive learning experiences to create awareness, build personal and collective responsibility, and provide skills to confront racism in our lives and throughout our community.

This workshop consists of one full-day session and one half-day session. To ensure an optimal learning experience, it is critical that participants attend both sessions in their entirety.

Consulting: The YWCA Racial Justice Program Team is available to meet with you and your staff to learn more about your organization's size, culture, needs, and resources and work with you to both develop and support your own internal diversity plan. Fees for this service vary.

**eliminating racism
empowering women**

ywca

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www.ywca.org/rockford

**FOR MORE INFORMATION AND
REGISTRATION FEES**

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