

Training for Early Childhood Providers



Calendario de capacitación
disponible en español

Winter 2010 Calendar

January 2010

DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
1/6/2010 1/13/2010 1/20/2010 1/27/2010 2/3/2010	CDA Module #8 Child Development Michele Wirtz	6:30p.m. To 9:00p.m. YWCA 4990 E. State Rockford	All Providers This module focuses on the growth and development of young children. A variety of opportunities will be available to use this information to plan developmentally appropriate activities.	Use enclosed registration form CDA: 8 NAFCC: 3 \$75
1/7/2010	Starting Your CDA Cheryl Roberson	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers This workshop will focus on the what, when, where, how, and why of the CDA Credential process. From the basic—what does CDA stand for—to why you would want to pursue this credential.	Use enclosed registration form CDA: 6 NAFCC: 5 Free
1/9/2010	Bidder's Conference	10:00a.m. To Noon YWCA 4990 E. State Rockford Winnebago	All Providers Watch for separate mailer for details on 2010 Quality Counts grant requirements. Applications will be available at this informational meeting. Please Note: IF THIS IS THE FIRST TIME YOU ARE APPLYING FOR THE QUALITY COUNTS GRANT—YOU MUST ATTEND SDA 1 2010 BIDDER'S CONFERENCE—IF NOT—YOUR APPLICATION WILL BE DENIED. NO TRAINING HOURS WILL BE GIVEN	Please call 815-484-9442 ext. 218 or ext. 208 to reserve a spot (limited spaces available) Free
1/11/2010	What is CCAP? Child Care Assistance Program CCAP Staff	6:30p.m. To 8:30p.m. Washington Park Church 801 Concord Ave Winnebago	All Providers Join this informative session to become more familiar with the procedures, including the application process, provider qualifications, the payment process and parent co-payments. The CCAP is funded by the IL Department of Human Services.	Use enclosed registration form CDA: 5 NAFCC: 5 Free
1/11/2010	The Traumatized Child Jennifer Sales MA/QHMP	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford	All Providers This workshop will be identifying what "trauma" is and how it manifest itself in childhood.	Use enclosed registration form CDA: 3 NAFCC: 3 Free
1/12/2010	Bidder's Conference	7:00p.m. To 9:00p.m. 4990 E. State Rockford Winnebago	All Providers See description on 1/9/2010	See information on 1/9/2010

January 2010

DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
1/13/2010	Childhood Lead Poisoning Joyce Bass MSN MPH RN	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers All children who come into contact with lead are susceptible—regardless of race or income level. It is 100% preventable. This workshop will focus on the signs and effects of exposure to lead in children.	Use enclosed registration form CDA: 1 NAFCC: 4 \$5
1/16/2010	Level One ECE Credential Module 8B Preschool Children: Physical Development & Module 8C Preschool Children: Language Development Andrea Angileri	9:00:a.m. To 3:30p.m. YWCA 4990 E. State Rockford Winnebago	New child care providers/awareness level Module 8B will focus on physical development of the preschool child. Module 8C will focus on appropriate speech patterns and language skills to nurture effective communication in the preschool child.	Use enclosed registration form CDA: 2 NAFCC: 3 \$10
1/16/2010	Bidder's Conference	10:00a.m. To Noon Freeport Public Library 100 E. Douglas Freeport Stephenson	All Providers See description on 1/9/2010	See information on 1/9/2010
1/16/2009	QRS (Quality Rating System Orientation) Danita Lewis & Cheryl Roberson	1:00p.m. To 3:00p.m. Freeport Public Library 100 E. Douglas Freeport Stephenson	All Providers Statewide quality rating and tiered reimbursement system for providers serving IDHS CCAP children. Providers interested in applying to the QRS must attend this session prior to application.	Use enclosed registration form CDA: 5 NAFCC: 5 Free
1/20/2010	ERS Introduction to Environmental Rating Scales Claire Rotolo	8:30a.m. To 12:30p.m. YWCA 4990 E. State Rockford Winnebago	All Providers This training is for family child care and center providers. After completion of this training, child care practitioners will have knowledge of the ERS; be able to use tool(s) for self-assessment of their program and /or hire a consultant to use tool(s) for assessment, to be able to use ERS results to plan program improvements; and be aware of ERS linkages to the IL Department of Human Services Quality Rating System, IL State Board of Education Preschool for All and national accreditation process.	Use enclosed registration form CDA: 5 NAFCC: 5 \$15
1/25/2010	Transitions within the Day Care Setting Jennifer Sales MA/QHMP	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers Looking for new ways to transition your children between activities? Learning the importance of hearing as well as using visual cues when working with children.	Use enclosed registration form CDA: 3 NAFCC: 3 Free
1/27/2010	Asthma 101 Joyce Bass MSN MPH RN	6:30p.m. To 8:30p.m. Galena Art & Rec Galena Jo Daviess	All Providers This two hour workshop will focus on the scope of asthma, common asthma symptoms; potential triggers; how to handle an asthma emergency; the difference between quick relief and controller medications used in asthma management.	Use enclosed registration form CDA: 1 NAFCC: 4 \$5
1/30/2010	FCCERS Family Child Care Environmental Rating Scale Claire Rotolo	8:00a.m. To Noon YWCA 4990 E. State Rockford Winnebago	Family Child Care Providers This training is for family child care providers. After completion of this training, family child care practitioners will have knowledge of the ERS; be able to use the tool for self-assessment of their program and/or hire a consultant to use the tool for assessment, to be able to use ERS results to plan program improvements; and be aware of ERS linkages to the IL Department of Human Services Quality Rating System (QRS), IL State Board of Education Preschool for All and national accreditation process.	Use enclosed registration form CDA: 1 NAFCC: 2 \$15

February 2010

DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
2/1/2010	Sensory Integration Jennifer Sales MA/QHMP	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers This workshop will be defining what sensory integration is and how it affects your classroom/children.	Use enclosed registration form CDA: 3 NAFCC: 3 Free
2/3/2010	Getting Ready for PAS Linda Butkovich	8:30a.m. To 12:30p.m. YWCA 4990 E. State Rockford Winnebago	Day Care Center Administrative Staff Designed for child care center administrators, this training provides an overview of the Program Administration Scale (PAS). The PAS is designed to measure the quality of leadership and management practices of center-based early childhood programs. After completing this training, providers will have a basic knowledge of the PAS, be able to use the tool for program self-improvement, and know how to prepare for the PAS assessment.	Use enclosed registration form CDA: 5 NAFCC: 5 \$15
2/6/2010	Prop Boxes and Beyond! Dorothy Kutev	9:00a.m. To Noon YWCA 4990 E. State Rockford Winnebago	All Providers Join Dorothy for a high energy, hands-on workshop packed with ideas to extend a story with the help of a box and a few props. Note: <i>Please call to find a list of materials you will need to bring. Boxes will be provided.</i>	Use enclosed registration form CDA: 2 NAFCC: 3 \$5
2/6/2010	Ready to Read Sandy Aden	9:15a.m. To 11:15a.m. North Suburban Library 5562 Clayton Circle Roscoe Winnebago	All Providers During this workshop, you will discover ways of reading with young children that will increase their vocabulary and develop other early literacy skills while having fun with books. You must register through the library. Registration is on a first come basis.	To register, please call 815-623-6266 ext. 6 CDA: 2 NAFCC: 3 \$5
2/8/2010	Brain Development: Birth-5years Jennifer Sales MA/QHMP	6:00p.m. To 7:30p.m. Mildred Berry Center 8616 Northern Avenue Rockford Winnebago	All Providers This workshop will be exploring the social/emotional development of children from birth to 5years old.	Use enclosed registration form CDA: 3 NAFCC: 3 Free
2/10/2010 2/17/2010 2/24/2010 3/3/2010 3/10/2010	CDA Module #2 Physical and Intellectual Competence Michele Wirtz	6:30p.m. To 9:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers This module will focus on how children learn, the importance of physical development and ways to promote cognitive development.	Use enclosed registration form CDA: 2 NAFCC: 3 \$75
2/10/2010	Professional Marketing for Your Family Child Care Business Mary Leber	6:30p.m. To 8:30p.m. YWCA 4990 E. State Rockford Winnebago	Family Child Care Providers This workshop will focus on making the most of your Family Child Care Business through marketing techniques and strategies to boost your enrollment in a struggling economy.	Use enclosed registration form CDA: 5 NAFCC: 5 \$5

**Did you know you can update your openings anytime by sending us an e-mail?
merrilie@ywcachildcaresolutions.org**

February 2010

DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
2/10/2010	What You Need to Know About Apnea Joyce Bass MSN MPH RN	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers Approximately 10 % of children snore. 1 in 5 children who snore have sleep apnea. Pediatricians are now encouraged by the American Academy of Pediatrics to screen all children for apnea. This workshop will focus on the signs to look for and where to go from there.	Use enclosed registration form CDA: 1 NAFCC: 4 \$5
2/17/2010	Hiring Employees for a Growing Child Care Business Mary Leber	6:30p.m. To 8:30p.m. YWCA 4990 E. State Rockford Winnebago	Family Child Care Providers Hiring the right person can be the key to a successful business. This is definitely true in the child care business. Attending this workshop will give you the tools to identify that person and keep them as a long term employee.	Use enclosed registration form CDA: 5 NAFCC: 5 \$5
2/18/2010	Asthma 101 Joyce Bass MSN MPH RN CANCELLED	6:30p.m. To 8:30p.m. Freeport Public Library 100 E. Douglas Freeport Stephenson	All Providers This two hour workshop will focus on the scope of asthma, common asthma symptoms; potential triggers; how to handle an asthma emergency; the difference between quick relief and controller medications used in asthma management.	Use enclosed registration form CDA: 1 NAFCC: 4 \$5
2/20/2010	Prop Boxes and Beyond! Dorothy Kutev	9:00a.m. To Noon Salvation Army 422 S. Main Belvidere Boone	All Providers Join Dorothy for a high energy, hands-on workshop packed with ideas to extend a story with the help of a box and a few props. Note: Please call to find a list of materials you will need to bring. Boxes will be provided.	Use enclosed registration form CDA: 2 NAFCC: 3 \$5
2/20/2010	Level One ECE Credential Module 8D Preschool Children: Cognitive Development & Module 9 School Age Development Andrea Angileri	9:00a.m. To 3:30p.m. YWCA 4990 E. State Rockford Winnebago	New child care providers/awareness level Module 8D will focus on how preschoolers learn and identify tips for making learning fun. Module 9 will focus on the school-age child—how their learning and growth differs. Tips on how to better care for this age group—how to set rules and limits and to encourage an appreciation for safety and respect.	Use enclosed registration form CDA: 2 NAFCC: 3 \$10
2/24/2010	Play Is No Ordinary Four Letter Word Kathy Matthews & Debbie Nelson	6:30p.m. To 8:30p.m. North Suburban Library 6340 N. Second Street Loves Park Winnebago	All Providers Play is a powerful tool to direct and inspire learning in your preschoolers. Literacy activities are the perfect place to enhance a play environment. Generate play and learning by creating an interactive environment through the use of fingerplays, singing, and movement. Fun activities such as these promote a healthy, natural progression of child development that each child requires.	To register, please call 815-633-4247 ext. 6 CDA: 2 NAFCC: 3 \$5

Behavior Questions???
YWCA Child Care Solutions
Mental Health Consultant
Jennifer Sales MA QHMP
815-484-9442 ext. 206



Health and Safety Questions???
YWCA Child Care Solutions
Nurse Consultant
Joyce Bass
MSN MPH RN
815-484-9442 ext. 215



Infant/Toddler Questions???

YWCA Child Care Solutions
Infant/Toddler Specialist

Juliette Kula 815-484-9442 ext. 208



February 2010

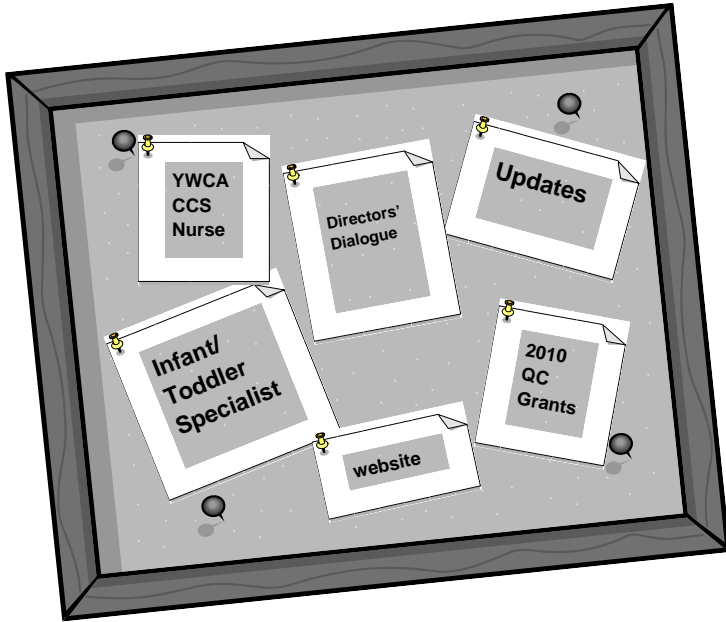
DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
2/24/2010	Taking Control of Your Family Child Care Business Finances Mary Leber	6:30p.m. To 8:30p.m. YWCA 4990 E. State Rockford Winnebago	Family Child Care Providers Having an awareness of where your business is financially will guide you in how you run your business on a day to day basis and enable you to set goals for the future.	Use enclosed registration form CDA: 5 NAFCC: 5 \$5
2/27/2010	Level One ECE Credential Module 1 Child Development Overview & Module 2A Health Issues for Group Care Andrea Angileri	9:00:a.m. To 3:30p.m. YWCA 4990 E. State Rockford Winnebago	New child care providers/awareness level The Level One EC Credential is the foundational part of a larger credentialing system. Modules 1, 2a, 2b, and 2c are the four components to achieve Tier One of the QRS for License Exempt providers. Module 1 is an overview of child development for children birth through school age. Module 2a focuses on proper handwashing techniques, diapering, stress, preventing illness, and proper food handling and preparation. Note: License Exempt Providers—1st and 2nd Modules for Tier One	Use enclosed registration form CDA: multiple NAFCC: multiple \$10

March 2010

DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
3/1/2010	Conscious Discipline Jennifer Sales MA/QHMP	6:30p.m. To 8:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers Based on the work of Dr. Becky Bailey, this workshop will be focusing on “being mindful” in your discipline style. Teaching providers healthy skills in working with children and their families.	Use enclosed registration form CDA: 3 NAFCC: 3 Free
3/3/2010 3/10/2010 3/17/2010 3/24/2010 3/31/2010 4/7/2010	Foundations for Family Child Care Clara Recknagel	6:30p.m. to 9:00p.m. YWCA 4990 E. State Rockford Winnebago	New Family Child Care Providers and/or providers seeking methods to improve their FCC business Make the most of your family child care business. Learn about contracts, marketing, curriculum, discipline, nutrition and more.	Use enclosed registration form CDA: multiple NAFCC: multiple \$25
3/3/2010	Taxes: What Every Small Business Owner Needs to Know Mary Leber	6:30p.m. To 8:30p.m. YWCA 4990 E. State Rockford Winnebago	Family Child Care Providers Mary Leber is a local accountant who owns her own consulting business. Attending this workshop will assist you in becoming a diligent record keeper, which will enable you to make the most of your allowable tax deductions.	Use enclosed registration form CDA: 5 NAFCC: 5 \$5
3/6/2010 3/13/2010	Creative Curriculum for Preschool Cheryl Bulat	8:30a.m. To 4:30p.m. YWCA 4990 E. State Rockford Winnebago	All Providers Creative Curriculum for preschool encourages development of children’s skill areas through block play, art, music and movement, cooking, literature and sensory play. Note: Must attend both sessions for credit CEU’s available upon request	Use enclosed registration form CDA: multiple NAFCC: multiple \$25 (\$15 additional cost for CEU’s)

March 2010

DATE	TITLE & PRESENTER	TIME & ADDRESS	AUDIENCE & COURSE DESCRIPTION	REGISTRATION CDA AREA NAFCC AREA & FEE
3/8/2010	Autism Jennifer Sales MA/QHMP	6:00p.m. To 7:30p.m. Mildred Berry Center 8616 Northern Avenue Rockford Winnebago	All Providers This workshop will be an introduction to autism. How to identify some signs of autism, as well as gaining knowledge on using a screening tool.	Use enclosed registration form CDA: 3 NAFCC: 3 Free
3/8/2010	Taxes: What Every Small Business Owner Needs to Know Mary Leber	6:30p.m. To 8:30p.m. Poplar Grove Elementary School 208 N State Poplar Grove Boone	Family Child Care Providers Mary Leber is a local accountant who owns her own consulting business. Attending this workshop will assist you in becoming a diligent record keeper, which will enable you to make the most of your allowable tax deductions.	Use enclosed registration form CDA: 5 NAFCC: 5 \$5
3/11/2010	Understanding Diabetes Joyce Bass MSN MPH RN	6:30p.m. To 8:00p.m. North Suburban Library 251 North Second Street Loves Park Winnebago	All Providers There is an alarming growth in the diagnosis of type 2 diabetes in children. This workshop will touch on the diabetic diet, blood sugar monitoring devices, and the administration of oral medications and insulin.	Use enclosed registration form CDA: 1 NAFCC: 4 Free Note location
3/17/2010 3/24/2010 3/31/2010 4/7/2010 4/14/2010	CDA Module #4 Productive Family Relationships Sue Benters	6:30p.m. To 9:00p.m. YWCA 4990 E. State Rockford Winnebago	All Providers This module will help child care providers build on their own experiences and learn new strategies to establish positive and productive relationships with families.	Use enclosed registration form CDA: 4 NAFCC: 1 \$75
3/18/2010	Asthma 101 Joyce Bass MSN MPH RN	6:30p.m. To 8:30p.m. First Step Learning, Inc Logan Avenue Belvidere Boone	All Providers This two hour workshop will focus on the scope of asthma, common asthma symptoms; potential triggers; how to handle an asthma emergency; the difference between quick relief and controller medications used in asthma management.	Use enclosed registration form CDA: 1 NAFCC: 4 \$5
3/20/2010	Special Care Andrea Angileri	9:00a.m. To 3:30p.m. YWCA 4990 E. State Rockford Winnebago	All Providers An introduction to caring for children with special needs. This workshop meets DCFS licensing requirements. Note: Please bring sack lunch—30 minute break for lunch	Use enclosed registration form CDA: 3 NAFCC: 3 \$20
3/20/2010	Reality Bites Jennifer Sales MA/QHMP	9:30a.m. To 11:00a.m. Highland Community College West 300 N. West Street Elizabeth Jo Daviess	All Providers Knowing that infants and toddlers in group care bite is one thing. Doing something about it is another issue. How to appropriately handle the biter and the bitee will be discussed.	Use enclosed registration form CDA: 3 NAFCC: 3 \$5
3/27/2010	Level One ECE Credential Module #2B Nutrition Issues for Group Care & Module #2C Safety Issues for Group Care Andrea Angileri	9:00a.m. To 3:30p.m. YWCA 4990 E. State Rockford Winnebago	New Child Care Providers/awareness level Module 2b focuses on cultural practices surrounding nutrition, good nutrition practices and food safety. Module 2c focuses on child abuse and neglect, safety in group care, first aid kits, and emergency preparedness. Note: License Exempt Providers—3rd and 4th modules for Tier One	Use enclosed registration form CDA: 1 NAFCC: 4 \$10



1 Hour Educational Sessions

Joyce Bass RN,
Child Care Nurse Consultant

Please contact Joyce at 815-484-9442 ext. 215 to schedule a visit.

Each session can accommodate up to 10 participants.

A certificate of attendance for 1 hour will be provided.

This service will be provided for free.

Tuesday
Epi Pen
Demonstration

Wednesday
Apnea Monitor
training with the
use of a model

Friday
Hand washing
demonstration

1 Hour Educational Sessions

Juliette Kula
Infant/Toddler Specialist



YWCA Child Care Solutions now has an Infant /Toddler Specialist on staff!

Juliette is available for one hour educational sessions at your request.

Sessions can be scheduled for a time convenient to you and your staff— naptime, after hours. Topics for sessions can be customized to meet the needs of you and your staff. A sample of possible topics are as follows: transition activities; biting; strategies and support; brain games for babies.

This service is free and available to both centers and family child care homes. A certificate of attendance for 1 hour will be awarded at the end of the session.

Please contact Juliette at 815-484-9442 ext. 228 to schedule a visit.

Quality Counts Grant Program 2010

Please note!

If this is the first year that you are making application for the Quality Counts Grant Program, YOU MUST ATTEND A BIDDER'S CONFERENCE OFFERED BY SDA 1 for 2010.

If you submit an application and have not attended a bidder's conference, your application will immediately be denied. Please check the dates and locations for the Bidder's Conferences during the month of January 2010.

The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

eliminating racism
empowering women
ywca

Directors' Dialogue

January 14, 2010 10:00a.m. YWCA 4990 E. State Rockford

February 11, 2010 10:00a.m. YWCA 4990 E. State Rockford

March 11, 2010 10:00a.m. YWCA 4990 E. State Rockford

**To reserve a spot
please call Nancy
at
815-484-9442 ext.211**



Have you visited our website recently?

www.ywca.org/rockford

In each registration box, you will see "CDA: #" and "NAFCC: #".
What does that mean?????
The number indicates the content area the workshop/series is addressing. The number of clock hours that are obtained depends on the length of the workshop/ series.
CDA—Child Development Associate Credential
NAFCC—National Association for Family Child Care
For more information please call Nancy at 815-484-9442 ext. 211

Needing First Aid/CPR?



**American Heart Association
HeartSolutions Training
Center**
8407 North 2nd Street
Machesney Park, IL 61115
815-654-9287

**American Red Cross
Rock River Chapter**
727 N. Church Street
Rockford, IL 61103
815-963-8471

**American Red Cross
Marcia
Belvidere**
815-963-7770

The Lending Library is available!
You might ask...what does this mean?????
This service will allow early childhood professionals, who are listed in our database, the opportunity to "check out" video tapes, DVD's, books, and activity boxes/literacy activities. These resources are available to enhance your current program. A user friendly catalogue has been compiled. This information will be easily accessed by way of our website. (www.ywca.org/rockford). Keep checking website for up-to-date information.
Any questions?
Please contact Marisol at 815-484-9442 ext. 218 for more information.

YWCA Puri Computer Lab offers:

- Classes in 2007 Microsoft Word & Excel
- Classes in Beginners Intro to computers
- Open lab hours to the public

The computer lab is a Microsoft 2007 Certification Center.
For more information, please call 815-968-9681



You **MUST** pre-register for **ALL** workshops with the appropriate agency. Walk-ins are discouraged. If in fact a walk-in occurs, a processing fee will be charged and certificate of attendance will be held until full payment is made. If you do not pre-register, you may show up for a cancelled training or one where the location has been changed. You may cancel a class for which you are registered up to one week before it is scheduled to receive a refund. If it is one week or less before the class is to be held, **NO REFUNDS** will be given nor substitutions will be made.

NOTE: If you arrive more than fifteen minutes late to a workshop/training, you will not be allowed to attend. If you do not stay for the entire workshop/training, you will not receive a certificate of attendance.

Disability parking is not a special privilege, but a necessity. The spaces are needed to give people with mobility limitations the same opportunities to use public or private facilities as people who do not have disabilities. Please be aware of these designated spots and only use if this applies to you.