

ywca in the workplace promoting equality



The YWCA of Rockford offers various programs dealing with racism. In the world of business, it is essential that individuals unlearn their racism and begin to understand one another.

This opportunity rarely emerges as most individuals fear such conversation. Let the YWCA of Rockford do it for you. Our trained staff is well versed and can get your company on the right track to promoting equality.

Small Talk is a "round table" open discussion amongst individuals regarding discrimination and racism. The facilitated setting can take place as a group meeting or during lunch periods. The individuals are given a question and/or topic chosen by the YWCA (in correlation to your work atmosphere) and all members of the group participate and offer varying points of view.

The casual setting allows for honest conversation. People are able to see a different view point and how certain acts of discrimination truly affect their co-workers. These are generally one hour sessions, but can be customized to your needs. We can work with your company/organization to recognize some of the issues you may want addressed during these sessions.

**One hour session (20 or less participants) \$150,
Each additional group of 10 or less \$60.**

Series of 3 (or more) sessions: 1 hour session (20 or less participants) \$125 per session. Each additional group of 10 or less participants.

Consulting

The YWCA Racial Justice Program Team is available to meet with your staff to find out about your organization's size, culture, needs and resources and work with you to both develop and support your own internal diversity plan. Fees for this service vary.

Unlearning Racism Workshops are a forum for participants to discover conscious and unconscious ways that racism has impacted their lives. This powerful program is designed to foster a deeper understanding and appreciation of differences. The workshops are scheduled quarterly and upon request from groups, organizations, or businesses.

Unlearning Racism I: *The Color of Fear.*

This four-hour workshop includes a facilitator guided viewing of the 90-minute film, *The Color of Fear*. *The Color of Fear* is an insightful, groundbreaking film about the state of race relations in America as seen through the eyes of eight North American men of Asian, European, Latino and African descent.

In a series of intelligent, emotional and dramatic confrontations the men reveal the pain and scars that racism has caused them. What emerges is a deeper sense of understanding and trust. This is the dialogue most of us fear, but hope will happen sometime in our lifetime.

Business/Organization Group Rate: \$40

per person *This fee includes all materials and two trained co-facilitators for a half-day workshop. Workshop can be hosted at your location or at the YWCA of Rockford.

**eliminating racism
empowering women**

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FOR MORE INFORMATION

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